ALZeducate

Société Alzheimer Society

Upcoming Webinars on ALZeducate | December 2026

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one at alzeducate.ca.)*

Groups and Gatherings

Groups, gatherings, and special occasions can offer meaningful opportunities for connection and belonging for people living with dementia. And they can also feel overwhelming for friends and families. This session for care partners of persons living with dementia will share practical strategies, key considerations, and available supports to help make informed decisions about social participation and creating positive, inclusive experiences that reflect the person's preferences, culture, and important life milestones.

Date: Tuesday, December 1, 2026, at 1:00pm-2:00pm (Eastern Time)
Intended audience: Care Partners, Health Care Providers
To Register: Click here

What is Mild Cognitive Impairment?

This webinar invites learners to an introductory overview of Mild Cognitive Impairment (MCI). From understanding its definition and risk factors to learning strategies for living well with MCI, participants will gain clarity on how MCI differs from typical brain aging and how it differs from dementia.

Date: Thursday, December 3, 2026, at 10:00am-11:00am (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers
To Register: Click here

Vascular Dementia- Supporting this Journey as a Health Care Provider

Building on the learning points from the Overview webinar for the General Public, this session will provide health care workers with a very brief review of Vascular dementia then offer opportunities for case scenario work.

Date: Friday, December 4, 2026, at 12:00pm-1:00pm (Eastern Time)
Intended audience: Health Care Providers
To Register: Click here

Lewy Body dementia and Parkinson's Disease

This webinar will provide an overview of these two rarer types of dementia. It will provide attendees the opportunity to understand the unique symptoms, criteria for diagnosis and support needs for both the person living with these brain changes and their care partners.

Date: Tuesday, December 8, 2026, at 10:00am-11:00am (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers
To Register: Click here

If you need assistance enrolling in a webinar, please email alzed@alzon.ca

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Living Alone with dementia; how to provide support

This webinar invites family members or friends supporting a person living with dementia who is living alone to join (e.g., home or independent living setting). We will explore the unique questions and issues to consider supporting independence and safety. Resources will be shared along with the opportunity to ask questions.

Date: Wednesday, December 9, 2026, at 10:00am-11:00am (Eastern Time)
Intended audience: Care Partners, Health Care Providers
To Register: Click here

An Understanding of Changing Behaviours with Dementia

This webinar is designed to help participants better understand behaviour changes with dementia and tips for supporting the individual.

Date: Thursday, December 10, 2026, at 1:00pm-2:00pm (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers
To Register: Click here

Communication for Care Partners

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: Tuesday, December 15, 2026, at 3:00pm-4:00pm (Eastern Time)
Intended audience: Care Partners, Health Care Providers
To Register: Click here

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: Thursday, December 17, 2026, at 2:00pm-3:00pm (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers
To Register: Click here