

Upcoming Webinars on ALZeducate | **October 2026**

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one at alzeducate.ca.)*

Dementia-Friendly Communities

A Dementia-Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: Tuesday, October 6, 2026, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Webinar Series Session 1: Take Action for Brain Health: Take Care of Your Body

This interactive workshop is designed to help you create a personalized Plan for Brain Health, with a focus on strategies to care for your body. Whether you're living with dementia, concerned about it, or simply eager to learn more, this session offers practical tools and guidance. It's one of three workshops in our Brain Health series—a unique opportunity to gain knowledge and set meaningful goals for your brain health.

Date: Tuesday, October 6, 2026, at 3:30pm-4:30pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Communication for Care Partners

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: Thursday, October 8, 2026, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

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Sleep Changes in Dementia - tools for Care Partners

This webinar for care partners of people living with dementia will explore how and why sleep changes in dementia. Time will be spent exploring resources to support better sleep for both for the person living with dementia and care partners as well.

Date: Thursday, October 15, 2026, at 4:00pm-5:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

Dementia Overview for Health Care Providers

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms (8A's) and their impact on the person living with dementia. Attendees will apply their learning by working through scenarios applicable to various care settings.

Date: Friday, October 16, 2026, at 10:00am-11:00am (Eastern Time)

Intended audience: Health Care Providers

To Register: [Click here](#)

Finding Your Way® - Living Safely in the Community

Have you ever wondered what you would do if a person living with dementia went missing? Join us for an informative webinar on Finding Your Way®, a program designed to help people living with dementia, their families, caregivers, and communities understand and reduce the risk of going missing. This session will cover practical strategies for recognizing risk factors, preparing for potential incidents, and responding effectively if someone goes missing. Learn how individuals and communities can work together to promote safety while supporting people living with dementia to remain active, engaged, and living safely in their communities for as long as possible.

Date: Monday, October 19, 2026, at 3:00pm-4:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Person-Centred Care

Every person has a unique story, preferences, and experiences. This interactive workshop for health care providers will explore how person-centred care helps us honour what matters most to the people we support. Through guided reflection and group discussion, you'll examine how person-centred approaches can strengthen your practice and identify meaningful actions you can take to create more personalized, respectful, and compassionate care experiences.

Date: Tuesday, October 20, 2026, at 1:00pm-2:00pm (Eastern Time)

Intended audience: Health Care Providers

To Register: [Click here](#)

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Webinar Series Session 2: Take Action for Brain Health: Your Mind and Spirit

This interactive workshop is designed to help you create a personalized Plan for Brain Health, with a focus on strategies to care for your mind and spirit. Whether you're living with dementia, concerned about it, or simply eager to learn more, this session offers practical tools and guidance. It's one of three workshops in our Brain Health series—a unique opportunity to gain knowledge and set meaningful goals for your brain health.

Date: Tuesday, October 20, 2026, at 3:30pm-4:30pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Driving and Dementia

This webinar will present information to support an understanding, awareness and resource knowledge on the difficult intersection of driving and dementia. Attendees can be care partners or people living with dementia.

Date: Wednesday, October 21, 2026, at 12:00pm-1:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

Introduction to Dementia and Intellectual Disabilities

An introduction to intellectual and developmental disabilities and dementia. We will discuss what dementia is, the different types of dementia and diagnostic criteria. This webinar gives an overview of the clinical features of dementia, Alzheimer's disease and the stages of the disease. This series is facilitated through a collaboration with an NTG Canadian Consortium approved Provincial Trainer.

Date: Wednesday, October 21, 2026, at 3:30pm-4:30pm (Eastern Time)

Intended audience: Health Care Providers

To Register: [Click here](#)

Webinar Series Session 1: Mouth Care Matters in Dementia: A Care Partner's Guide

Mouth care plays a vital role in comfort, health, and quality of life for people living with dementia. Join registered dental hygienist Krystal Afzalzada as she explores how oral health needs change throughout the dementia journey. This webinar will provide care partners with an understanding of the changing needs as the journey progresses and helpful approaches to support good mouth care now and in the future.

Date: Monday, October 26, 2026, at 11:00am-12:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

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Lewy Body dementia and Parkinson's disease- Supporting this Journey as a Health Care Provider

Building on the learning points from the Overview webinar for the General Public, this session will provide health care workers with a very brief review of Lewy Body dementia and Parkinson's disease, then offer opportunities for case scenario work.

Date: Tuesday, October 27, 2026, at 11:00am-12:00pm (Eastern Time)

Intended audience: Health Care Providers

To Register: [Click here](#)

Screening and Assessment Tools for IDD and Dementia

The NTG-EDSD is a dementia screening tool that has been developed specifically for use with people who have an intellectual disability. The webinar provides information on why and how to use the tool. It's a widely accessible tool for anyone supporting those aging with intellectual disabilities. This series is facilitated through a collaboration with an NTG Canadian Consortium approved Provincial Trainer.

Date: Wednesday, October 28, 2026, at 3:30pm-4:30pm (Eastern Time)

Intended audience: Health Care Providers

To Register: [Click here](#)

Webinar Series Session 2: Mouth Care Matters in Dementia: A Care Partner's Guide

Join registered dental hygienist Krystal Afzalzada as she provides care partners with practical tips, helpful tools, and effective approaches to support good mouth care and oral health for the person living with dementia they are caring for.

Date: Thursday, October 29, 2026, at 11:00am-12:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

Overview of Young Onset Dementia

Enhance your knowledge of young onset dementia, the unique challenges faced by the person and their families and opportunities to support someone who is living with young onset dementia.

Date: Thursday, October 29, 2026, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Health Care Providers

To Register: [Click here](#)

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Meaningful Activities

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

Date: Thursday, October 29, 2026, at 4:00pm-5:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

To Register: [Click here](#)

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: Friday, October 30, 2026, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)

Vascular Dementia – An Overview

Vascular dementia is the most common type of dementia after Alzheimer's disease. This webinar will provide an overview of the different causes of this type of dementia, support strategies and resources.

Date: Friday, October 30, 2026, at 1:00pm-2:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

To Register: [Click here](#)