

Flipping Cards Game

A friendly, card game designed so everyone can join in.

Based on the rules of Shut the Box.

Equipment Needed

Playing cards, Ace to 10 only (use large-print cards where possible).

Two dice.

Setup Give each person a suit of cards (Ace–10).

Each team lays their cards face up in a straight row.

How to Play

1. Each player take turns. One player, gently rolls the two dice.
2. The numbers are said out loud and added together.
3. The player discusses which card or cards match the total. Aces count as 1. One card or several cards that add up to the number may be used. Only face-up cards can be chosen.
4. The player flips the chosen card or cards face down.
5. If no matching cards are available, say “No cards to flip this turn” and move to the next player.
6. The game ends when one player flips all their cards. Cards can be turned face up again to start a new round.

Flipping Cards provides gentle mental stimulation and social connection, supporting attention and simple decision-making while helping everyone take part comfortably and enjoyably.