

# PROGRAM GUIDE

for Persons Living with Dementia,  
Care Partners & the General Public



## Dementia Education

For family, friends and people living with dementia to learn about dementia, develop realistic expectations and plan for the future.

page 6

## Support & Counselling

Compassionate support so people living with dementia have a reliable trust-worthy advocate to support them through their dementia experience.

page 9

## Health & Wellness Activities

Explore engaging health and wellness activities designed to support brain health, connection, and well-being.

page 11

*Soci  t   Alzheimer Society*

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

[www.alzda.ca](http://www.alzda.ca)

1-800-565-4614

[help@alzda.ca](mailto:help@alzda.ca)



*M Lewis*  
Michelle Lewis, CEO

## WELCOME

Navigating the journey of Alzheimer's disease or related dementias can be challenging, and we are here to stand by your side. This handbook is a resource crafted with care, designed to help you access the services, programs, and assistance you need. Our dedicated team is committed to providing compassionate care and fostering a sense of belonging.

Welcome to a community where you are not alone—where understanding and support are at the heart of everything we do.

## ABOUT US

The Alzheimer Society of Brant, Haldimand Norfolk, Hamilton Halton (ASBHNHH) is the local community agency dedicated to **supporting families living with dementia**. We are part of a network of Alzheimer Societies operating across Ontario, offering a variety of services in our region.

We focus our programs and services around our **three pillars of care** including:

- Dementia Education
- Counselling & Support Services
- Health & Wellness Activities

## MISSION

People living with dementia are at the centre of everything we do.

## VISION

Every community is dementia-friendly.

## VALUES

**H**umility  
**E**xcellence  
**A**gility  
**R**espect for All  
**T**eamwork

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# The Dementia journey



## We Are Your Partner in Dementia Care

You don't have to navigate this alone. Our programs and services are designed to provide information, connection, and support for a range of needs and experiences.

To help you easily find what's right for you, we've included icons throughout this guide. These icons show who each program is best suited for.



### Person living with dementia

Programs that support connection, engagement, and living well with dementia.



### Care partner

Support, education, and respite for family members, friends, and caregivers.



### Health care professional

Resources, training, and information to support individuals who work with people living with dementia.



### Community group

Opportunities for organizations and community partners to get involved and build dementia-friendly communities.



### "I want to learn more"

Education sessions and resources for anyone interested in learning about dementia.

If you have questions or need help choosing a program, we're here to help.

**Contact us anytime at 1-800-565-4614.**

# ABOUT OUR SERVICES

## Counselling and Support Groups

Counsellors provide practical strategies for coping with the disease, assist with system navigation and support individuals and families with future planning.

## Education Services

Our Education Team offers workshops and training for people living with dementia, care partners, health care professionals, and community partners, covering diagnosis, changes over time, communication, problem-solving, and available supports.

## Public Awareness Activities, Speakers & Presentations

Presentations are available and tailored for any type of group, club or organization. Topics range from brain health, to warning signs of dementia to specific elements of the dementia journey.

## Health & Wellness Activities

Our Health & Wellness programs support people living with dementia and their care partners through exercise, social, and in-home activities that promote physical and emotional well-being, build confidence, and create meaningful connections in a dementia-friendly environment.

## Behavioural Supports Ontario

The Behavioural Supports Ontario Community Outreach Team provides short-term supports to older individuals experiencing challenging behaviours due to an age-related cognitive impairment. Our Behavioral Outreach Workers help families develop tip sheets and strategies for dealing with challenging behaviours on an ongoing basis.

## Responsive Behaviour Specialist

The Responsive Behaviour Specialist supports residents with cognitive impairments and responsive behaviours in registered retirement homes in Hamilton & Burlington.

## DREAM Team

Dementia Resource Consultants are embedded in emergency departments (ED) to help support persons living with dementia and their care partners when brought to the ED. The team works with hospital staff and Ontario Health atHome Care Coordinators to avoid hospital admission.

## Intensive Case Management

Our Intensive Case Managers (ICMs) support people living with dementia who might be identified as higher risk to continue living safely in their community. Our ICMs support with safety planning, connecting with community support, education, and diverting hospitalizations. ICMs work in collaboration with community partners to support complex care plans.

## Psychogeriatric Resource Consultants (PRC)

PRC's support health care professionals who care for seniors with complex needs that have associated behaviours. Specialized education is provided for those working with persons living with dementia.

## First Link Care Navigators

Our Care Navigators support people living with dementia and/or care partners through education, system navigation, and care planning to initiate links to support and resources. Our Care Navigators connect with the community and physicians to review the benefits of early referral.

## Services Available in Other Languages

Some services can be provided in various languages by utilizing the resources of an external translation service.

## FIRST LINK® – Connecting you to information, support and services

Whether you are living with any form of dementia (e.g. Alzheimer’s disease, Lewy Body), Mild Cognitive Impairment, or are supporting someone who is, First Link® connects you to health services and information in your community, from the time of diagnosis throughout the progression of the disease. First Link® will help you and your family make informed choices so you can live better with dementia at every stage.

Registration for some programs is open to the general public but many require being a registered client. **Becoming a client is easy and you don’t need a diagnosis.**



1-800-565-4614



[help@alzda.ca](mailto:help@alzda.ca)



[www.alzda.ca](http://www.alzda.ca)



Scan here to visit  
[www.alzda.ca](http://www.alzda.ca)

### General Public

Contact us by phone and one of our Intake Coordinators will lead you through the process and help determine which of our programs and services will be beneficial to you or visit our website and select the **“Request Service”** button at the top of the page.

### Health Care Provider

Fill out the online referral form on our website by selecting **Health Care Professionals** tab or the make a referral button. You can also fax the First Link® referral form.

### Services En Français

Un diagnostic de la maladie d’Alzheimer ou d’une démence apparentée marque le début d’un parcours long et complexe, qui ne devrait jamais se faire seul. À ce titre, la Société Alzheimer s’engage à guider les personnes touchées par la perte de mémoire, ainsi que les membres de leur famille.

Vous demandez quels services seraient nécessaires dans votre situation?

1-800-565-4614 ext. 879

[aide@alzda.ca](mailto:aide@alzda.ca)

## MAKING A REFERRAL

| BRANT                                                           | HALDIMAND NORFOLK                                               | HAMILTON                                                        | HALTON                                                          |
|-----------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| Intake Coordinator<br>519-759-7692 EXT 404<br>Fax: 519-759-8353 | Intake Coordinator<br>519-428-7771 EXT 501<br>Fax: 519-428-2968 | Intake Coordinator<br>905-529-7030 EXT 209<br>Fax: 905-529-3787 | Intake Coordinator<br>289-837-2310 EXT 319<br>Fax: 289-210-6160 |

## GENERAL INQUIRIES

| BRANT        | HALDIMAND NORFOLK | HAMILTON     | HALTON       |
|--------------|-------------------|--------------|--------------|
| 519-759-7692 | 519-428-7771      | 905-529-7030 | 289-837-2310 |

# EDUCATION

## Dementia Education Series



A 4-part series that aims to build knowledge and awareness, allows care partners to meet others and be better informed of the Alzheimer Society and community resources.

**Available in-person or online.**

## Getting Started



This session provides an overview of dementia and is for people who are at the beginning of a dementia journey; whether newly diagnosed or new to learning about dementia. It is also an opportunity to learn about the programs and services provided by the Alzheimer Society.

**Available online.**

## First Steps



A 3-part series which encourages people living with early-stage dementia and care partners to meet others, develop communication strategies and gain knowledge in a positive dementia friendly environment.

**Available in-person or online.**

## Options for Care



A 3-part series which explores help in the home, considering residential care and moving to long term care.

**Available in-person or online.**

## Middle Stages



A 3-part series which increases awareness of changes typical of middle stage, allows care partners to practice communication techniques and hands-on care tools and allows care partners to explore stress coping tools.

**Available in-person or online.**

## Care in the Later Stage



A 2-part series which helps a care partner to better understand the physical, cognitive and emotional changes and needs unique to people living with dementia in the late and end stages of dementia. Care partners will explore methods to retain their relationship with the person living with dementia and be supported to find meaning in the later stages of the disease.

**Available in-person or online.**

## Focus on Communication



Learn about the importance of communication changes and needs in dementia. Some of the topics covered are: "Understanding Responsive Behaviours", "Communicating with Healthcare Professionals", and "Approaching Difficult Conversations". Topics change monthly.

**Available online.**

## Toolbox Talks



Learn about a variety of dementia care practice approaches. Some of the topics covered are: "Sleep and Dementia", "In the Kitchen: Involving the Person Living with Dementia", and "Meaningful Activities". Topics change monthly.

**Available online.**

## Finding Your Way



Learn about topics such as wayfinding, safety in the community and environmental considerations when caring for a person living with dementia. Topics change monthly.

**Available online.**

## Gentle Persuasive Approach (GPA)



GPA Basics is an innovative dementia care education curriculum based on a person-centred care approach. Designed for interdisciplinary point of care staff across health care sectors, this course guides participants to fully understand responsive behaviours in order to be able to respond effectively and appropriately in a workplace setting. GPA Basics also includes respectful self-protective and gentle redirection techniques for use in situations of risk.

**Available in-person.**

## Dementia Experience



This experiential program is designed to help health care professionals or students develop a greater understanding of dementia. By building empathy and awareness, the ultimate goal of the program is to improve care provided to persons living with dementia.

**Available in-person.**

## P.I.E.C.E.S.



P.I.E.C.E.S. is a holistic, evidence-informed, team approach to shared assessment and supportive care with older persons at risk or living with complex chronic conditions.

The team always begins with the person living with dementia and care partner, and includes all team members working in collaboration to achieve shared goals, within and across care settings.

**Available in-person or online.**

## U-First!®



U-First!® is an innovative education program for all members of the care team that are supporting people with behaviour changes due to dementia or other cognitive impairment. The U-First!® Framework is an emotion-based, person-centred approach that looks at the whole person and is the companion program to PIECES™ education program which is designed for health care providers who have a clinical and leadership role within the team. It helps to develop a common knowledge base, language, values and approach to care by understanding the person and associated behaviour changes and working as a team to develop individualized support strategies.

**Available in-person.**

## Community Presentations



*Request a public education session for your group!*



Presentations are available in person or online with a flexible schedule and can be tailored to meet the specific needs of your organization or business.

Request a session to enhance understanding and promote healthy living in our communities.

### Topics:

- Brain Health
- Memory, Forgetfulness and Aging
- Dementia Overview

# Join the Movement: Become a Dementia Friendly Business

People living with dementia are valued members of our community, shopping and engaging with local businesses. The Alzheimer Society provides free dementia training to help businesses become more inclusive and supportive.



## Dementia Friendly Communities Education

This tier of the program provides an education session on Dementia Friendly Communities. Organizations will learn about dementia and how to better support their customers/patrons who are living with dementia or supporting a person living with dementia.

**Available in person.**

## Dementia Friendly Communities Supporter Program

This tier of the program is an ongoing partnership between the business/organization/group and the Alzheimer Society. Organizations agree to have 75% of their public-facing staff/members educated and will develop goals to better support persons living with dementia and their care partners. Dementia Friendly Communities Supporter organizations receive a decal that can be posted at the entrance of their organization.

**Available in person.**

### *What are people saying about Dementia Friendly Communities Training?*



"I really enjoyed the training as well, and our team had very positive feedback. Even though our caregivers receive extensive dementia education through Senior Support Care, there were several resources and practical tools shared that were new to many of us. The information about dementia identification cards, bracelet colours, and the additional supports available through the Alzheimer Society were particularly well received by the team"

**Mikaela Wilson - Co-founder - Senior Support Care - Hamilton**



## SUPPORT WHEN YOU NEED IT MOST

The Alzheimer Society is here to help you navigate the journey of living with dementia or caring for a person living with dementia.

Support Groups are available both online and in-person.

*Find Connection  
Share Experiences  
Learn Coping Strategies*

**Join a community that understands.**



### **For Care Partners:**

- General Care Partner Support Group
- Spousal Support Group
- Adult Child Support Group
- Long-term Care Support Group
- Young-Onset Carers Support Group
- Men's Support Group
- Women's Support Group
- 2SLGBTQ+ Care Partners Support Group



### **For People Living With Dementia or Cognitive Impairment:**

- Early-Stage Support Group
- Mild Cognitive Impairment Support Group
- Young-Onset Support Group



### **Condition-Specific Support Groups:**

- Frontotemporal Dementia Support Group
- Lewy Body Dementia Support Group



### **Special Focus Support Groups:**

- Self-Care for the Caregiver
- Understanding Grief and Loss During the Dementia Journey Support Group
- Self-Care for the Bereaved Caregiver

## SUPPORT GROUPS



# CARE PARTNERS CLUB

Share Experiences, Build Community



Are you supporting someone on the journey of dementia? You're not alone.

Connect with others who understand at our Care Partner Club—a welcoming social gathering designed for care partners to share experiences and build community.

### Groups available:

- Oakville Men's Care Partner Club
- Burlington Women's Care Partner Club
- Burlington Adult Child Care Partner Club
- Burlington Men's Care Partner Club
- Hamilton Care Partner Club
- Hamilton Adult Child Care Partner Club
- Simcoe Men's Care Partner Club
- Paris Women's Care Partner Club

These gatherings are facilitated by volunteers and take place in local restaurants where participants order and pay for their meals. Exact locations will be shared once registration is completed.

**Contact us to register!**



[carepartnerclub@alzda.ca](mailto:carepartnerclub@alzda.ca)

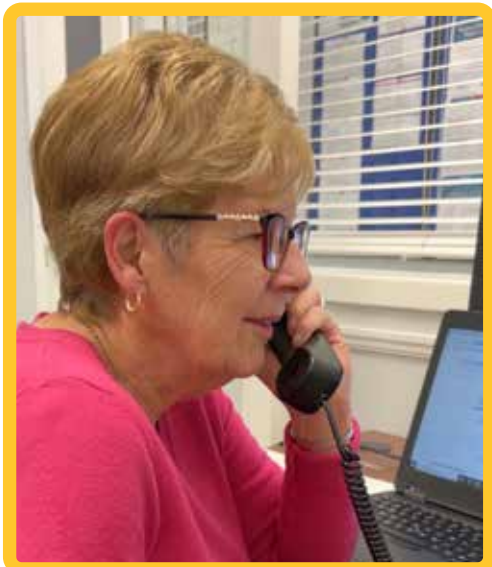
Interested in running  
a Care Partner Club?  
**Ask us how!**

# Care Partner Relief SUPPORT PROGRAMS

## In Home Recreation



In Home Recreation is a 12-week program providing therapeutic recreation programming for people living with mid to late-stage dementia. Activities are person-centred and tailored to each individual's unique interests and life history, as well as their overall well-being.



## Teleconnect



Teleconnect offers persons living with early-stage dementia or care partners an opportunity for social connection, reduced isolation and increased independence through outreach telephone calls made by trained volunteers.

## Music for Memory *The Music for Memory Program is available at no cost to individuals and families.*



### Am I eligible to participate?

- The MP3 Player recipient requires a diagnosis of dementia

### Eligible participants will receive:

- One MP3 Player
- One set of over-the-ear headphones
- One MP3 Player wall charger
- Free MP3 Player set-up
- MP3 Player user guide

## HEALTH AND WELLNESS

Our health and wellness programs can be categorized into 4 themes:

### PHYSICAL ACTIVITY PROGRAMS

Physical Activity Programs support your overall health and well-being through safe, enjoyable movement. These programs focus on maintaining strength, balance, and flexibility while also supporting brain health and mood.

Regular activity can help reduce stress, promote better sleep, and encourage a sense of routine. Whether through gentle exercise, walking groups, or guided movement classes, these programs provide opportunities to stay active, build confidence, and connect with others in a supportive environment.

#### AVAILABLE PROGRAMS:

- Sit to be Fit
- Minds in Motion
- Living Well
- Brain & Body Works
- Silver Sneakers Club



### MEMORY AND COGNITION PROGRAMS

Memory and Cognition Programs focus on supporting thinking, memory, and everyday functioning through engaging and stimulating activities. These programs encourage participants to use and strengthen cognitive skills in a supportive, low-pressure setting.

Activities may include problem-solving, reminiscing, learning opportunities, and brain-health education. By promoting mental stimulation and confidence, these programs help individuals stay engaged in meaningful ways and support their ability to live well with dementia.

#### AVAILABLE PROGRAMS:

- Mind Frame
- In Home Social Rec



## SOCIAL AND SUPPORT PROGRAMS

Social and Support Programs provide a welcoming space to connect with others who share similar experiences. Through group programs, peer support, and social activities, participants can build meaningful relationships and reduce feelings of isolation.

These programs also offer emotional support, shared learning, and practical coping strategies to help navigate the dementia journey. Whether you are a person living with dementia or a care partner, these programs foster a sense of belonging, understanding, and community.

### AVAILABLE PROGRAMS:

- Meet Me At...
- Memory Cafe
- Social Cafe (in person and online)
- The Social
- Out and About
- Teleconnect



## CREATIVE ART PROGRAMS

Creative Art Programs offer opportunities for self-expression, creativity, and enjoyment through activities like music, visual art, storytelling, and movement. These programs focus on the process rather than the outcome, allowing participants to explore their creativity in a relaxed and inclusive environment.

Creative expression can support emotional well-being, reduce stress, and help spark memories and connections. These programs are especially valuable for encouraging joy, relaxation, and a sense of accomplishment at all stages of the dementia journey.

### AVAILABLE PROGRAMS:

- Creative Expressions



## HALDIMAND NORFOLK/SIX NATIONS CLASSES AND LOCATIONS

### Youth & Elders Centre “Dajoh”

1738 Fourth Line Rd.

Ohsweken

Tuesdays 2 pm

### Port Dover Health & Fitness

20 Market St.

Port Dover

Tuesdays & Thursdays 3 pm

### Caledonia Arena

100 Haddington St.

Caledonia

Tuesdays & Thursdays

9:30 am or 10:30 am

### Royal Canadian Legion Branch 123

223 Nichol St.

Waterford

Mondays 10:30 am

Thursdays 12 pm

### Cedar Crossing Retirement Living

395 Cedar St.

Simcoe

Tuesdays 9:30 am

### Jarvis Lawn Bowling Building

Jarvis Lions Park

Tuesdays 12:15 pm

### Selkirk Christian Chapel

20 Erie St. N.

Selkirk

Wednesdays 10 am

### Dunnville Community Lifespan Centre

275 Ramsey Dr.

Dunnville

Mondays 1 pm

Tuesdays 10 am

### Marburg Hall

1345 Lynn Valley Rd.

Port Dover

Wednesdays 9:45 am

### St. Paul's Court

100 Robinson St.

Simcoe

Tuesdays 10:15 am

Thursdays 12:45 pm

### Hagersville United Church

34 Main St. S.

Hagersville

Mondays 10 am

### St John The Divine Anglican Church

37 Ottawa St. N.

Cayuga

Mondays 11 am

### Cayuga Senior Centre

14 McKay St. E.

Cayuga

Wednesdays 9:45 am

## SIT TO BE FIT ONLINE



Can't make it in person?

**Join us online**

**Monday to Friday at 9 am!**

## HAMILTON/HALTON CLASSES AND LOCATIONS

**Kenilworth Library**

103 Kenilworth Ave. N.  
Hamilton

Wednesdays 12:30 pm

*No classes in July and August*

**Chedoke Presbyterian Church**

865 Mohawk Rd. W.  
Hamilton

*Sit to be Fit*

Mondays & Thursdays

11:15 am

*Chair Yoga*

Tuesdays 11:15 am

**Sherwood Library**

467 Upper Ottawa St.  
Hamilton

*Sit to be Fit*

Thursdays 10:30 am

*Relaxation and Movement*

1st Thursday of each month

1:30 pm

**Red Hill Library**

695 Queenston Rd.  
Hamilton

*Sit to be Fit*

Thursdays 11:45 am

*Relaxation and Movement*

3rd Friday of each month

11 am

**Terry Berry Library**

100 Mohawk Rd. W.  
Hamilton

*Chair Yoga*

Wednesdays 12:30 pm

**Ancaster Library**

300 Wilson St. E.  
Hamilton

Wednesdays 1 pm

Fridays 11 am

**Saltfleet Library**

131 Gray Rd.  
Stoney Creek

Wednesdays 11 am

*No classes in July and August*

*Relaxation and Movement*

2nd Monday of each month

11:30 am

**Grandview Retirement Home**

83 Centennial Pky S.

Stoney Creek

Wednesdays 10 am

*No classes in July and August*

**Stoney Creek Library**

777 Highway 8  
Stoney Creek

Mondays & Wednesdays 1 pm

**Club 60 Seniors**

6 Kin St. W.

Stoney Creek

Mondays 2:15 pm

**St. Andrews Anglican Church**

156 Main St. W. Grimsby

Mondays, Wednesdays & Fridays

10:15 am

**Dundas Library**

18 Ogilvie St. Dundas

Fridays 12:30 pm

Tuesdays 11:30 am

**St Paul's United Church**

29 Park St W, Dundas

Tuesdays 12:30 pm

Thursdays 11 am

**Highland Hills****Faith Community**

1 Lyndale Dr. Dundas

Wednesdays & Fridays 11 am

**St John's Anglican Church**

2464 Dundas St.  
Burlington

Tuesdays & Thursdays 11 am

**Compass Point Bible Church**

1500 Kerns Rd.

Burlington

*Walking Group*

Thursdays 11 am

**Royal Canadian Legion Branch 60**

828 Legion Rd.

Burlington

Wednesdays & Fridays

11:30 am

**Central Library**

2331 New St.

Burlington

Mondays

11:15 am

**Burlington Gardens**

300 Plains Rd W.

Burlington

Mon, Tues, Wed, Thurs & Fri

10 am

**North Burlington Baptist Church**

1377 Walker's Line

Burlington

Mondays 10 am

& Wednesdays 12:30 pm

**Tansley Woods Library**

1996 Itabashi Way

Burlington

Mondays 11:15 am

**Tansley Woods  
Community Centre**

1996 Itabashi Way

Burlington

Thursdays 1 pm

*Times and location are subject to change*

## We are thrilled to offer great programs in our community

*Visit the H.A.C. website for full list of programs and special events!*



### PHYSICAL PROGRAMS:

Stay active and improve strength, balance, flexibility, and overall wellbeing through accessible fitness programs designed for all abilities.

#### Available programs:

- Seated Fitness
- Zumba Gold
- Chair Yoga
- Power Hour



### CREATIVE ARTS PROGRAMS

Explore creativity through painting, crafting, and other artistic activities in a relaxed and welcoming environment that encourages self-expression and mindfulness.

#### Available programs:

- Start with Art
- Canvas and Mocktails
- Meditate and Paint



### SOCIAL AND SUPPORT PROGRAMS:

Connect with others through social activities and support services that foster friendship, community, and a sense of belonging.

#### Available programs:

- Weekly Themed Socials
- H.A.C. Café
- H.A.C. Brunch
- Men's Social
- Wellness Dogs
- Tech Support



### COGNITIVE PROGRAMS

Keep your mind engaged through games, discussions, puzzles, and hands-on activities that encourage learning, curiosity, and mental stimulation.

#### Available programs:

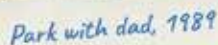
- Brain Fit and More
- Short Story Reflections
- Name That Tune



**Join the H.A.C. at an offsite program!**

Available in Caledonia, Dunnville, Jarvis and Ohsweken.

## This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.



Saturday, May 29, 2027

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# WAYS TO SUPPORT

Today, we are at a tipping point. The number of people living with dementia, including Alzheimer's disease, is growing rapidly, due primarily to our aging population. Ontario Health is the primary funder for the Alzheimer Society, but it is not enough to meet the needs of families living with dementia.

Donations are used to bridge the funding gap and provide services that do not receive any government support.

To learn more about how you can make a difference in your community, contact our Foundation team at **1-800-565-4614** or visit **[www.alzheimersocietyfoundation.ca](http://www.alzheimersocietyfoundation.ca)**

Alzheimer Society Foundation CRA# 894537984 RR0001



## MAKE A GIFT

Join our monthly giving program, give in honour of a loved one, or consider a gift of stock.



## LEAVE A LEGACY

Continue your giving with a bequest in your will.



## SUPPORT AN EVENT

IG Wealth Management Walk for Alzheimer's, David Hearn Foundation Charity Classic Golf Tournament, Forget Me Not Golf Tournaments.



## PLAN YOUR OWN EVENT

To get started planning your event visit: <https://alzda.ca/anything>

## VOLUNTEER WITH US

At the Alzheimer Society, our mission and goals are best achieved through the participation of our volunteers. Our volunteers are vital to supporting health promotion, advocacy, and support services to people living with dementia, those at greatest risk of developing dementia, and their care partners.

At each location, our volunteers are met with a welcoming environment to contribute their time and talents through both in-person and virtual spaces.

Help us provide vital programs and services for people living with dementia and their care partners.



[volunteers@alzda.ca](mailto:volunteers@alzda.ca) | [www.alzda.ca/volunteer](http://www.alzda.ca/volunteer)

# Alzheimer Society FOUNDATION

BRANT HALDIMAND NORFOLK  
HAMILTON HALTON



## Join our Monthly Giving Club!

Your monthly gift, no matter the size, can make all the difference to a family impacted by dementia.



### Bigger Impact

Monthly donations are one of the most cost-effective and environmentally friendly ways to give; this means we can spend less time and money on administration and more on what matters.



### Build it into your monthly budget

You can divide your annual donation into twelve equal payments and know that your gift works each month to support a cause you believe in.



### Preparing for the Future

A regular and predictable source of income provides stability in program planning and allows us to prepare for the needs of tomorrow.

**Join today!**

**Call: 1-800-565-4614 Visit: [www.alzda.ca](http://www.alzda.ca)**

# Société Alzheimer Society

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

**Toll-Free Phone:** 1-800-565-4614

**Email:** [help@alzda.ca](mailto:help@alzda.ca)

**Website:** [www.alzda.ca](http://www.alzda.ca)

**Services en Français:** 1-800-565-4614 ext. 879



**Funding provided by:**



**Ontario  
Health**



**Accredited by:**



**Canadian Centre for Accreditation**  
*Excellence in community services*

**Centre canadien de l'agrément**  
*L'excellence en matière de services communautaires*

## Offices



### **Brantford & Brant County**

519-759-7692

1 - 515 Park Rd. N., Brantford, ON N3R 7K8



### **Norfolk County**

519-428-7771

645 Norfolk St. N. Simcoe, ON N3Y 3R2



### **Haldimand County**

905-768-4488

42 Main St. S. Hagersville, ON N0A 1H0



### **Hamilton**

905-529-7030

205 - 550 Fennell Ave. E. Hamilton, ON L8V 4S9



### **Halton**

289-837-2310

101 - 3430 South Service Rd., Burlington, ON L7N 3T9

### ***By appointment only:***

#### **Dunnville**

201 Forest St. E.

Dunnville, ON N1A 3G5

#### **Georgetown**

33 - 360 Guelph St.

Georgetown, ON L7G 4B5

#### **Paris**

202 - 25 Curtis Ave.

Paris, ON L3L 3V3

**CHARITABLE REGISTRATION NUMBER: 825692866 RR0001**