

## Upcoming Webinars on ALZeducate | **May 2026**

### **ALZeducate offers free, online dementia education!**

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one at alzeducate.ca.)*

### **Person-Centred Care**

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care to the people you support. This is an interactive session. Your participation will be encouraged.

**Date: Wednesday, May 6, 2026, at 1:00pm-2:00pm (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

**To Register:** [Click here](#)

### **Young Onset Dementia**

This presentation will focus on distinguishing Young onset dementia from Late onset dementia, developing a basic understanding of the genetic component of Young onset dementia, recognizing the impact of Young onset dementia on the individual and the family, and developing an understanding of supportive strategies and services in the community.

**Date: Thursday, May 7, 2026, at 11:00am-12:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

**To Register:** [Click here](#)

### **Meaningful Activities**

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

**Date: Thursday, May 7, 2026, at 4:00pm-5:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

**To Register:** [Click here](#)

## Upcoming Webinars on ALZeducate | **May 2026**

### **Webinar Series Session 1: Take Action for Brain Health: Take Care of Your Body**

This interactive workshop is designed to help you create a personalized Plan for Brain Health, with a focus on strategies to care for your body. Whether you're living with dementia, concerned about it, or simply eager to learn more, this session offers practical tools and guidance. It's one of three workshops in our Brain Health series—a unique opportunity to gain knowledge and set meaningful goals for your brain health.

**Date: Monday, May 11, 2026, at 3:30pm-4:30pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

**To Register:** [Click here](#)

### **Understanding the Progression and Stages of Dementia**

For most people living with dementia, the experience will include a changing range of symptoms. This webinar will provide an overview to understand what progression means in the context of dementia and how those changes affect all involved.

**Date: Tuesday, May 12, 2026, at 10:00am-11:00am (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

**To Register:** [Click here](#)

### **Changing Behaviours in the IDD population**

This session will leverage the learning from the Key Concepts and Dementia Capable Environments webinars. This webinar reviews the most common responses to internal and external stressors people with Intellectual and Developmental disabilities (IDD) and dementia may experience. It then looks at how to identify causes for those reactions and how to develop positive support strategies. The webinar also addresses how to adjust approaches and the environment to proactively avoid those causes.

**Date: Wednesday, May 13, 2026, at 3:30pm-4:30pm (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

**To Register:** [Click here](#)

### **What is Mild Cognitive Impairment?**

This webinar invites learners to an introductory overview of Mild Cognitive Impairment (MCI). From understanding its definition and risk factors to learning strategies for living well with MCI, participants will gain clarity on how MCI differs from typical brain aging and how it differs from dementia.

**Date: Thursday, May 14, 2026, at 3:00pm-4:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

**To Register:** [Click here](#)

## Upcoming Webinars on ALZeducate | **May 2026**

### **Frontotemporal Dementia- Supporting this Journey as a Health Care Provider**

Building on the learning points from the Frontotemporal Dementia webinar for the General Public, this session will provide health care workers with a very brief review of FTD then offer opportunities for case scenario work.

**Date: Tuesday, May 19, 2026, at 11:00am-12:00pm (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

**To Register:** [Click here](#)

### **Dementia-Friendly Communities – Faith- Based Communities**

A Dementia-Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia. This webinar is ideal for members of faith groups to find out how you can create a dementia friendly community.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

**Date: Thursday, May 21, 2026, at 10:00am-11:00am (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

**To Register:** [Click here](#)

### **Webinar Series Session 2: Take Action for Brain Health: Your Mind and Spirit**

This interactive workshop is designed to help you create a personalized Plan for Brain Health, with a focus on strategies to care for your mind and spirit. Whether you're living with dementia, concerned about it, or simply eager to learn more, this session offers practical tools and guidance. It's one of three workshops in our Brain Health series—a unique opportunity to gain knowledge and set meaningful goals for your brain health.

**Date: Monday, May 25, 2026, at 3:30pm-4:30pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

**To Register:** [Click here](#)

## Upcoming Webinars on ALZeducate | **May 2026**

### **Lewy Body dementia and Parkinson’s Disease**

This webinar will provide an overview of these two rarer types of dementia. It will provide attendees the opportunity to understand the unique symptoms, criteria for diagnosis and support needs for both the person living with these brain changes and their care partners.

**Date: Tuesday, May 26, 2026, at 10:00am-11:00am (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

**To Register:** [Click here](#)

### **Dementia Overview**

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms and their impact on the person living with dementia.

**Date: Tuesday, May 26, 2026, at 1:00pm-2:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

**To Register:** [Click here](#)

### **Driving and Dementia**

This webinar will present information to support an understanding, awareness and resource knowledge on the difficult intersection of driving and dementia. Attendees can be care partners or people living with dementia.

**Date: Wednesday, May 27, 2026, at 12:00pm-1:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

**To Register:** [Click here](#)