

Bloom with Care

Supporting kids to flourish as dementia caregivers

For ages 8–13

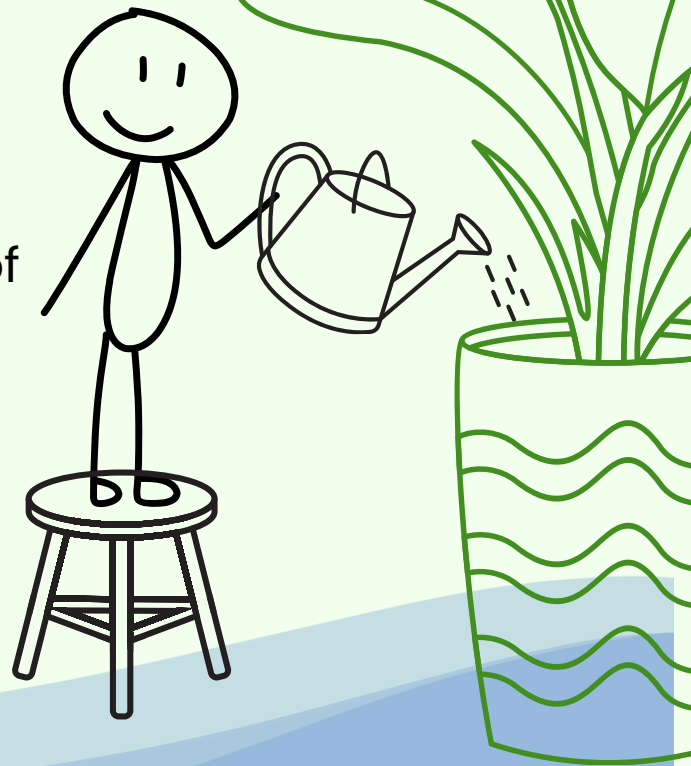
Beginning Thursday, January 29 – March 5 (break Feb 12) for 5 weeks virtually from 6–7:30pm

What you'll learn:

- How to support yourself while supporting someone with dementia
- How to use coping tools in times of stress
- Meet others who understand

Registration :

kayla.johnston@alzda.ca
1-800-565-4614 ext. 418



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