

Société Alzheimer Society

BRANT, HALDIMAND NORFOLK,
HAMILTON HALTON

H.A.C Start With Art Program Volunteer Volunteer Position Description

Overview

The H.A.C Start With Art Program Volunteer plays a key role in supporting the Alzheimer Society's creative arts programming. The *Start With Art* program provides a welcoming space where participants can express themselves through art, connect socially, and enjoy meaningful engagement. Volunteers help create a positive and inclusive environment by assisting with preparation, cleanup, and direct support for clients during sessions.

This program runs from 1:00pm to 3:30pm on Wednesdays.

Objective

To provide support to staff and clients participating in the weekly *Start With Art* program at the H.A.C., contributing to a safe, engaging, and creative experience for all participants.

Roles in this Category Include (but are not limited to):

- Supporting the ongoing needs of the weekly *Start With Art* program.
- Assisting with setup, materials preparation, and participant engagement.
- Encouraging creativity and social connection among participants.

Responsibilities & Tasks

- **Room Setup and Take Down:** Assist with setting up tables, chairs, art supplies, and program materials; help clean and restore the space afterward (light lifting required).
- **Program Supply Setup:** Organize and prepare art materials prior to each session to ensure a smooth start.
- **Client Engagement:** Welcome participants, encourage involvement in art activities, and foster a warm and inclusive environment.
- **1:1 Client Support:** Provide individualized assistance during the program as needed, based on client abilities and comfort levels.
- **Program Support:** Follow direction from staff and help maintain a safe, supportive, and enjoyable atmosphere for all participants.

Qualities and Skills

- Physically able to perform light lifting and setup tasks.
- Interest in or knowledge of art and creativity (no formal art background required).
- Friendly, compassionate, and comfortable engaging with people from diverse backgrounds.
- Strong teamwork, communication, and active listening skills.
- Ability to offer encouragement and adapt to clients' needs and energy levels.
- Familiarity with dementia or other varying populations is an asset but not required.

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Training Provided

All volunteers receive orientation and role-specific training, including:

- Volunteer Orientation Session
- AODA Certificate of Training
- ALZeducate Volunteer Modules
- Specific job/task training provided by Alzheimer Society staff

Benefits of Volunteering

- Develop and refine interpersonal and teamwork skills.
- Gain hands-on experience in arts-based community programming.
- Meet new people and build meaningful relationships.
- Contribute to your community in a creative, impactful way.
- Increase your knowledge of dementia care and inclusive engagement.
- Receive support in achieving personal or professional goals.
- Experience fulfillment through community connection and creativity.

Boundaries

To maintain professionalism, safety, and confidentiality:

- Volunteers will not have unsupervised contact with clients or caregivers unless incidental within the assigned task.
- Maintain confidentiality at all times; share information only with Alzheimer Society staff when necessary.
- Do not provide medical or treatment-related advice, recommendations, or opinions.
- Do not share personal contact information with clients or caregivers.

Commitment

- Approximately 2–4 hours per week for a minimum of 6 months, or
- Approximately 5 hours per month for a minimum of 6 months, depending on program scheduling and volunteer availability.

Preliminary Screening Requirements

- Completed volunteer application
- Two references
- Police record check / vulnerable sector screening
- Signed Confidentiality Agreement
- Signed Conflict of Interest Agreement

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Supervision and Support

This volunteer position reports directly to and is supervised by a designated Alzheimer Society staff member, who provides ongoing direction, support, and feedback to ensure a positive volunteer experience.

How to apply:

Interested candidates are asked to submit your resume to volunteers@alzda.ca We are committed to inclusive, barrier-free recruitment and selection processes in accordance with the Human Rights Code and AODA and encourage applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

We thank all applicants for their interest however, only those selected for an interview will be contacted.