

Société Alzheimer Society

BRANT, HALDIMAND NORFOLK,
HAMILTON HALTON

H.A.C Social Programs Volunteer Volunteer Position Description

Overview

The H.A.C Social Programs Volunteer plays a vital role in supporting the weekly social programs offered through the Alzheimer Society. These programs provide a welcoming and engaging environment for clients and caregivers to connect, socialize, and participate in meaningful activities. Volunteers help ensure each session runs smoothly and that all participants feel comfortable, supported, and included.

This program runs from 9:30 am to 1:00 pm on Thursdays.

Objective

To provide hands-on program support to staff and clients attending the weekly H.A.C. social programs by assisting with preparation, service, and engagement activities.

Roles in this Category Include (but are not limited to):

- Supporting the day-to-day needs of the weekly social program.
- Assisting with the preparation and delivery of meals and activities.
- Creating a positive, friendly atmosphere for participants.

Responsibilities & Tasks

- Assist with room setup and takedown, including moving tables, chairs, and materials (light lifting required).
- Support food preparation, cooking, and serving during program sessions.
- Maintain cleanliness in the kitchen area, including washing dishes and sanitizing surfaces.
- Engage with clients in a warm and respectful manner, encouraging social interaction and participation in activities.
- Support staff with program logistics as needed, following directions and safety guidelines.

Qualities and Skills

- Physically able to perform light lifting and room setup tasks.
- Comfortable with safe food handling practices.
- Strong teamwork, communication, and active listening skills.
- Friendly, patient, and respectful in interactions with clients, staff, and volunteers.
- Experience or familiarity with individuals living with dementia or other diverse populations is an asset.

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Training Provided

All volunteers will receive the following training and orientation:

- Volunteer Orientation Session
- AODA Certificate of Training
- ALZeducate Volunteer Training Modules
- Position-specific job/task training provided by Alzheimer Society staff

Benefits of Volunteering

- Develop and strengthen interpersonal and teamwork skills.
- Gain hands-on experience supporting community-based social programs.
- Meet new people and build meaningful connections.
- Learn more about dementia care and community support services.
- Contribute to the well-being of your community.
- Receive support in achieving your personal or professional goals.

Boundaries

To maintain safety, confidentiality, and professionalism:

- Volunteers are not to have unsupervised contact with clients or caregivers unless incidental to their task.
- Maintain confidentiality at all times; only share client information with Alzheimer Society staff as required.
- Do not provide medical advice, treatment recommendations, or referrals.
- Do not share personal contact information with clients or caregivers.

Commitment

- Approximately 2–4 hours per week for a minimum of 6 months, or
- Approximately 5 hours per month for a minimum of 6 months, depending on the program schedule.

Preliminary Screening Requirements

- Completed volunteer application
- Two references
- Police record check / vulnerable sector screening
- Signed Confidentiality Agreement
- Signed Conflict of Interest Agreement

Supervision and Support

This volunteer position reports directly to a designated Alzheimer Society staff member who provides guidance, supervision, and ongoing feedback to ensure a positive and meaningful volunteer experience.

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How to apply:

Interested candidates are asked to submit your resume to volunteers@alzda.ca We are committed to inclusive, barrier-free recruitment and selection processes in accordance with the Human Rights Code and AODA and encourage applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

We thank all applicants for their interest however, only those selected for an interview will be contacted.