

# Société Alzheimer Society

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

## Job Posting

### Title: **Exercise Facilitator – Ancaster & Dundas**

---

**Part time, Temp**

**Hours:** 7/week

**Rate of pay:** \$25.00/hour + 6% vacation pay

**Location:** Ancaster & Dundas

**Start Date:** ASAP

---

**About us:** The Alzheimer Society of Brant, Haldimand Norfolk, Hamilton Halton (ASBHNHH) is the local community agency dedicated to supporting families living with dementia. Visit us at <https://alzda.ca>.

The Alzheimer Society values work-life balance. We are an equal opportunity employer and are dedicated to building a workforce that reflects the diversity of our communities in which we live and serve. We respect, honour, and celebrate the diversity in our community.

---

**Position Summary:** Under the direction of the Team Lead, Exercise Programs, this enthusiastic and self-motivated individual will provide exercise classes in the community that are adaptable to the varying degrees of the participant abilities and enables them to maintain an independent lifestyle.

**This is a 6-week contract with the possibility of an extension. The classes take place during the daytime and the schedule is as follows:**

**Mondays – Dundas – 11am**

**Tuesdays – Dundas – 11:30am and 1:30pm**

**Wednesdays – Ancaster – 1pm**

**Fridays – Ancaster & Dundas – 11am, 12:30pm and 1:30pm**

---

### **Requirements:**

- Minimum two (2) to three (3) years experience in fitness instruction with adults and/or older adults
- Minimum two (2) to three (3) years experience in group facilitation with persons living with dementia
- Valid standard first aid certification
- Vulnerable sector police check issued within 3 months of the hiring date.
- Valid driver's license and regular access to a reliable vehicle
- Ability to speak a second language is an asset.

---

**How to apply:** Interested candidates are asked to submit a cover letter and resume to [HR@alzda.ca](mailto:HR@alzda.ca) by 11:59pm on July 25, 2025.

Interviews may begin as applications are submitted. Interested parties are therefore encouraged to submit their application as soon as possible.

We are committed to inclusive, barrier-free recruitment and selection processes in accordance with the Human Rights Code and AODA and encourage applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

***We thank all applicants for their interest however, only those selected for an interview will be contacted.***