# Young Onset Care Partner Support Group

A **monthly, online** support group for those caring for an individual living with young onset dementia.

### **SESSION DATES:**

Second Monday of each month June 9 to Dec 8

**TIME:** 6 p.m. - 7:30 p.m.

**LOCATION:** Online via Zoom

## Are you asking yourself...

- Do I wish to connect with other care partners?
- Do I want to learn strategies to help cope in my caregiving role?
- Do I want to learn about dementia, communication, and changing relationships?

# FOR MORE INFORMATION AND TO REGISTER:

www.alzda.ca

🔇 1-800-565-4614 ext. 512

🖾 help@alzda.ca

## A PROGRAM OF THE: Alzheimer*Society*

BRANT, HALDIMAND NORFOLK, HAMILTON HALTON

#### **SUPPORTED BY:**



Ontario Health