

Upcoming Webinars on ALZeducate | April 2025

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)*

Speaker Series Event - Youth in Action: A Toolkit for Young Dementia Supporters

In this Speaker Series webinar, we are joined by members from a Co-Design Team of youth, people living with dementia, family care partners, and people who work with youth. This team has developed a Toolkit to help youth understand dementia and learn strategies to support people living with dementia in their family and community. Join the Team as they share their perspectives on the role of youth in creating dementia-friendly communities and their experiences of developing the Toolkit.

This project was funded by the Retired Teachers of Ontario (RTO-ERO) for the Alzheimer Society of Ontario and the Murray Alzheimer Research and Education Program (at the Schlegel-UW Research Institute for Aging) to bring together a Co-Design Team to empower young people with an understanding of dementia and to develop strategies for youth to support people living with dementia.

Join us to learn more about Youth in Action: A Toolkit for Young Dementia Supporters.

Date: April 8, 2025, at 7:00pm-8:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Partners

[Click here](#) to register.

Dementia-Friendly Communities

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: April 10, 2025, at 3:00pm-4:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Partners

[Click here](#) to register.

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Meaningful Activities

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

Date: April 15, 2025, at 1:00pm-2:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Aging and the Senses

This presentation will cover sensory changes that occur with aging, reflecting on what a person may experience physically as they age, and identifying issues related to activities of daily living and/or instrumental activities of daily living for aging clients/residents.

Date: April 16, 2025, at 10:00am-11:00am (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Lewy Body dementia and Parkinsons disease- Supporting this Journey as a Health Care Provider

Building on the learning points from the Overview webinar for the General Public, this session will provide health care workers with a very brief review of Lewy Body dementia and Parkinson's disease, then offer opportunities for case scenario work.

Date: April 23, 2025, at 12:00pm-1:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Communication for Care Partners

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: April 24, 2025, at 1:00pm-2:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

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An Understanding of Changing Behaviours with Dementia

This webinar is designed help participants better understand behaviour changes with dementia and tips for supporting the individual.

Date: April 26, 2025, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia ,recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: April 28, 2025, at 2:00pm-3:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia.

This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: April 29, 2025, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Vascular Dementia: An Overview

Vascular dementia is the most common type of dementia after Alzheimer’s disease. This webinar will provide an overview of the different causes of this type of dementia, support strategies and resources.

Date: April 30, 2025, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register

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Person-Centred Care

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care to the people you support. This is an interactive session. Your participation will be encouraged.

Date: April 30, 2025, at 3:00pm-4:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.