

## Upcoming Webinars on ALZeducate | February 2025

### **ALZeducate offers free, online dementia education!**

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)*

#### **Lewy Body dementia and Parkinson’s Disease dementia**

This webinar will provide an overview of these two rarer types of dementia. It will provide attendees the opportunity to understand the unique symptoms, criteria for diagnosis and support needs for both the person living with these brain changes and their care partners.

**Date: February 3, 2025, at 12:00pm-1:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Partners**

[Click here](#) to register.

#### **Dementia-Friendly Communities: Retail Sector**

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia. This webinar is ideal for members of retail organizations to find out how you can create a dementia friendly community.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

**Date: February 3, 2025, at 3:00pm-4:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.

#### **Meaningful Activities**

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person’s remaining strengths.

**Date: February 5, 2025, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

If you need assistance enrolling in a webinar, please email [alzed@alzon.ca](mailto:alzed@alzon.ca)

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### Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

**Date: February 7, 2025, at 12:00pm-1:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register

### Person-Centred Care

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care to the people you support. This is an interactive session. Your participation will be encouraged.

**Date: February 11, 2025, at 2:00pm-3:00pm (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

### Aging and the Senses

This presentation will cover sensory changes that occur with aging, reflecting on what a person may experience physically as they age, and identifying issues related to activities of daily living and/or instrumental activities of daily living for aging clients/residents.

**Date: February 12, 2025, at 3:00pm-4:00pm (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

### Communication for Care Partners

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

**Date: February 14, 2025, at 11:00am-12:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

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### Frontotemporal dementia

This umbrella term refers to a group of rarer disorders that primarily results in changes in personality and language. Join us to explore a deeper understanding of these dementias and learn of available resources.

**Date: February 18, 2025, at 11:00am-12:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.

### Working in Long Term Care Series: Session 1 - Adjusting to Long Term Care

Learn about strategies to support the person living with dementia and their care partner(s) as they adjust to moving to Long Term Care. This webinar looks to address the challenges that come with the adjustment to moving to Long Term Care, to reflect on the importance of validating feelings, and learn strategies that support communication with the family members of people living with dementia.

**Date: February 24, 2025, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

### Understanding of Changing Behaviours with Dementia

This webinar is designed to help participants better understand behaviour changes with dementia and tips for supporting the individual.

**Date: February 25, 2025, at 6:00pm-7:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

### Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia. This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

**Date: February 28, 2025, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.