

Upcoming Webinars on ALZeducate | January 2025

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)*

Loss and Grief

Explore the concept of ambiguous loss, develop coping strategies and gain understanding of feelings of grief when caring for a person living with dementia.

Date: January 14, 2025, at 11:00am-12:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Dementia-Friendly Communities

A Dementia-Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia. This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: January 16, 2025, at 11:00am-12:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Upcoming Special Events

Your Experience with dementia as a Tool for Change

We're excited to invite you to our next Speaker Series webinar, Your Experience with dementia as a Tool for Change!

The power to drive meaningful change in health care systems is within everyone's reach. Advocacy may seem intimidating to some or reserved for the experts, but in reality, sharing your story with the right audience at the right time makes you a powerful advocate. This webinar will guide participants through multiple advocacy strategies, from understanding how to create goals to engaging with your MPP, demonstrating how personal stories can influence the provincial government's dementia agenda. Lastly, this webinar will highlight practical tools and resources to support advocacy efforts, empowering participants to get involved and improve the lives of people living with dementia and their care partners.

Speaker: co-led by Adam Morrison, Senior Director Public Policy and Partnerships and Jessica Hogle, Public Policy Coordinator, both with the Alzheimer Society of Ontario.

Date: January 21, 2025, at 7:00pm-8:00pm (Eastern Time)/ 6:00pm -7:00pm (Central Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

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Young Onset Dementia

This presentation will focus on distinguishing Young onset dementia from Late onset dementia, developing a basic understanding of the genetic component of Young onset dementia, recognizing the impact of Young onset dementia on the individual and the family, and developing an understanding of supportive strategies and services in the community.

Date: January 16, 2025, at 3:00pm-4:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: January 20, 2025, at 5:00pm-6:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Dementia Overview

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms and their impact on the person living with dementia.

Date: January 22, 2025, at 12:00pm-1:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Understanding the Progression and Stages of Dementia

For most people living with dementia, the experience will include a changing range of symptoms. This webinar will provide an overview to understand what progression means in the context of dementia and how those changes affect all involved.

Date: January 22, 2025, at 6:00pm-7:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

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Three D's - Delirium, Depression, Dementia

Learn about the 3 D's, prevalence of the 3 D's, causes/risk factors, strategies to address each of the 3 D's, and how you can support the person you are caring for while they are experiencing any of these conditions.

Date: January 28, 2025, at 2:00pm-3:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia.

This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: January 29, 2025, at 6:00pm-7:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Exploring the Warning Signs

This webinar will touch on the differences between normal and not normal aging leading to an exploration of the 10 warning signs of dementia.

Date: January 30, 2025, at 11:00am-12:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.