

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. (When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)

Celebrating Special Occasions

Explore the unique challenges of celebrating holidays and special occasions. Gain practical planning tips, including strategies to promote meaningful communication with the person living with dementia.

Date: December 2, 2024, at 1:00pm-2:00pm (Eastern Time) Intended audience: Care Partners, Health Care Partners

<u>Click here</u> to register.

Aging and the Senses

This presentation will cover sensory changes that occur with aging, reflecting on what a person may experience physically as they age, and identifying issues related to activities of daily living and/or instrumental activities of daily living for aging clients/residents.

Date: December 2, 2024, at 6:00pm-7:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

Click here to register.

Dementia-Friendly Communities: Retail Sector

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia. This webinar is ideal for members of retail organizations to find out how you can create a dementia friendly community.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: December 4, 2024, at 12:00pm-1:00pm (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

<u>Click here</u> to register.



Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: December 4, 2024, at 3:00pm-4:00pm (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

<u>Click here</u> to register.

Meaningful Activities

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

Date: December 10, 2024, at 10:00am-11:00am (Eastern Time) Intended audience: Care Partners, Health Care Providers

Click here to register.

Lewy Body dementia and Parkinson's Disease dementia

This webinar will provide an overview of these two rarer types of dementia. It will provide attendees the opportunity to understand the unique symptoms, criteria for diagnosis and support needs for both the person living with these brain changes and their care partners.

Date: December 10, 2024, at 2:00pm-3:00pm (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

<u>Click here</u> to register.

Communication for Care Partners

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: December 11, 2024, at 12:00pm-1:00pm (Eastern Time) Intended audience: Care Partners, Health Care Providers

Click here to register.



Dementia Overview for Health Care Providers

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms (8A's) and their impact on the person living with dementia. Attendees will apply their learning by working through scenarios applicable to various care settings.

Date: December 12, 2024, at 12:00pm-1:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

Click here to register.

Young Onset Dementia

This presentation will focus on distinguishing Young onset dementia from Late onset dementia, developing a basic understanding of the genetic component of Young onset dementia, recognizing the impact of Young onset dementia on the individual and the family, and developing an understanding of supportive strategies and services in the community.

Date: December 13, 2024, at 10:00am-11:00am (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia. This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: December 14, 2024, at 12:00pm-1:00pm (Eastern Time) Intended audience: Care Partners, Health Care Providers

Click here to register.

Communication for Health Care Providers

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: December 16, 2024, at 4:00pm-5:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

<u>Click here</u> to register.



Frontotemporal dementia

This umbrella term refers to a group of rarer disorders that primarily results in changes in personality and language. Join us to explore a deeper understanding of these dementias and learn of available resources.

Date: December 17, 2024, at 10:00am-11:00am (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

<u>Click here</u> to register.

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: December 17, 2024, at 2:00pm-3:00pm (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

Dementia Overview

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms and their impact on the person living with dementia.

Date: December 19, 2024, at 10:30am-11:30am (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.