

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. (When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)

Communication for Health Care Providers

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: November 6, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

Click here to register.

Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia.

This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: November 7, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

<u>Click here</u> to register.

Upcoming Special Events

Decision-making Capacity: A Primer

In this webinar, we will define the concept of decisionmaking capacity, outline the important consent and capacity laws in Ontario, and describe signs of potential diminished capacity.

Hosted by: Colleen Bradley, Chief Development Officer-Planned Giving & Bequest Administration - Alzheimer Society of Ontario

Speaker: Dr. Carole A. Cohen is a geriatric psychiatrist. She is a Professor in the Department of Psychiatry at the University of Toronto. She is Clinical Director of the Community Psychiatric Services for the Elderly at Sunnybrook Health Sciences Centre. This interprofessional team provides assessment and management of older adults with mental health and substance use problems (including dementia) in their place of residence. She has been active in inter-agency collaborative care and planning in North Toronto for decades. She has been involved with planning related to Behavioural Supports Ontario locally and provincially since the inception of the program. Dr Cohen was a consultant to the Capacity Assessment Office of the Ministry of the Attorney General of Ontario for many years.

Date: November 5, 2024, at 3:00-4:00pm (Eastern Time)/

2:00pm -3:00pm (Central Time)

Intended audience: General Public, Care Partners, Health

Care Providers

<u>Click here</u> to register.



Loss and Grief

Explore the concept of ambiguous loss, develop coping strategies and gain understanding of feelings of grief when caring for a person living with dementia.

Date: November 8, 2024, at 10:00am-11:00pm (Eastern Time) Intended audience: Care Partners, Health Care Providers

<u>Click here</u> to register.

Young Onset Dementia

This presentation will focus on distinguishing Young onset dementia from Late onset dementia, developing a basic understanding of the genetic component of Young onset dementia, recognizing the impact of Young onset dementia on the individual and the family, and developing an understanding of supportive strategies and services in the community.

Date: November 11, 2024, at 1:00pm-2:00pm (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

Person-Centred Care

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care to the people you support. This is an interactive session. Your participation will be encouraged.

Date: November 11, 2024, at 5:00pm-6:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

<u>Click here</u> to register.

Dementia Friendly Environments

Learn how the symptoms of dementia can impact the way in which people engage and interact with their surrounding environment. This webinar will help to enhance your knowledge of what makes an environment dementia friendly, and review strategies that can be implemented to support a person living with dementia in the place where they live.

Date: November 12, 2024, at 11:00am-12:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

Click here to register.



Vascular Dementia: An Overview

Vascular dementia is the most common type of dementia after Alzheimer's disease. This webinar will provide an overview of the different causes of this type of dementia, support strategies and resources.

Date: November 12, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: November 20, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

Lewy Body dementia and Parkinson's Disease dementia

This webinar will provide an overview of these two rarer types of dementia. It will provide attendees the opportunity to understand the unique symptoms, criteria for diagnosis and support needs for both the person living with these brain changes and their care partners.

Date: November 21, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

Dementia-Friendly Communities

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: November 22, 2024, at 1:00pm-2:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.



Lewy Body Dementia: An Overview

This webinar will guide health care professionals through a review of Lewy Body Dementia. Learn about the signs and symptoms that are unique to Lewy Body Dementia, and the way in which the disease alters the brain. Supportive care strategies and treatment options that can be used to support someone living with Lewy Body Dementia will be discussed.

Date: November 25, 2024, at 11:00am-12:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

<u>Click here</u> to register.

Meaningful Activities

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

Date: November 27, 2024, at 6:00pm-7:00pm (Eastern Time) Intended audience: Care Partners, Health Care Providers

<u>Click here</u> to register.