

# *Soci t  Alzheimer Society*

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

## POSITION POSTING

Position Title: **Exercise Facilitator – Burlington (10 hours per week)**

**Part-time Permanent**

The Alzheimer Society of Brant, Haldimand Norfolk, Hamilton Halton (ASBHNHH) is looking for an enthusiastic and self-motivated individual to provide exercise classes in the community that are adaptable to the varying degree of participant abilities and that enables them to maintain an independent lifestyle. This part-time position will work in Burlington approximately 10 hours per week (distributed throughout Monday to Friday).

The Alzheimer Society is an equal opportunity employer and is dedicated to building a workforce that reflects the diversity of our communities in which we serve. We respect the diversity in our community that includes, but is not limited to, race, ethnicity, national origin, gender identity, gender expression, sexual orientation, age, ability, socio-economic status, class, neurodiversity and religion. We are committed to inclusive, barrier-free recruitment and selection processes in accordance with the Human Rights Code and AODA and encourage applications from people with disabilities. Accommodations are available on request.

The hourly rate for this role is \$20.83 - \$26.03 per hour plus 6% vacation pay.

### **Educational and Experience Requirements:**

- Minimum two (2) to three (3) years' experience in fitness instruction with adults and/or older adults
- Minimum two (2) to three (3) years' in group facilitation with persons living with dementia
- Knowledge of adult fitness principles and approaches
- Valid Standard First Aid certification
- Clear criminal record check for the vulnerable sector
- Must have a valid driver's license and regular access to a reliable vehicle.
- Ability to speak a second language is an asset.

Interested candidates are asked to submit a cover letter and resume to [HR@alzda.ca](mailto:HR@alzda.ca) by September 15, 2024.

Please note interviews may begin before the application deadline, therefore candidates are asked to submit their application as soon as possible.