

Upcoming Webinars on ALZeducate | **September 2024**

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)*

Communication for Health Care Providers

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia.

Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: September 4, 2024, at 10:00am-11:00am (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Young Onset Dementia

This presentation will focus on distinguishing Young onset dementia from Late onset dementia, developing a basic understanding of the genetic component of Young onset dementia, recognizing the impact of Young onset dementia on the individual and the family, and developing an understanding of supportive strategies and services in the community.

Date: September 4, 2024, at 1:00pm-2:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Upcoming Special Events

The Power of Physical Activity and Social Connection: A Panel Discussion

In recognition of World Alzheimer's Day on September 21st, this session will explore the impact that physical activity and social connection can have on overall brain health and well-being – especially for people living with dementia.

Hosted by: Vanessa Barnes, Active Living Coordinator- Alzheimer Society Sarnia

Panelist: Laura Middleton is an Associate Professor and the Schlegel Research Chair in Dementia and Active Living in the Department of Kinesiology and Health Sciences at the University of Waterloo and the Schlegel-UW Research Institute for Aging.

Special guests with lived dementia experience: Diana and Brent Anderson, Eleanor Probizanski and Chris Morasse

Date: September 20, 2024, at 3:00-4:00pm (Eastern Time)/ 2:00pm -3:00pm (Central Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

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Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia.

This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: September 5, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Dementia-Friendly Communities

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: September 6, 2024, at 12:00pm-1:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Dementia Overview for Health Care Providers

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms (8A's) and their impact on the person living with dementia. Attendees will apply their learning by working through scenarios applicable to various care settings.

Date: September 11, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Vascular Dementia: An Overview

Vascular dementia is the most common type of dementia after Alzheimer's disease. This webinar will provide an overview of the different causes of this type of dementia, support strategies and resources.

Date: September 17, 2024, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

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Dementia Overview

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms and their impact on the person living with dementia.

Date: September 18, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Person-Centred Care

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care to the people you support. This is an interactive session. Your participation will be encouraged.

Date: September 19, 2024, at 5:00pm-6:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: September 23, 2024, at 12:00pm-1:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Aging and the Senses

This presentation will cover sensory changes that occur with aging, reflecting on what a person may experience physically as they age, and identifying issues related to activities of daily living and/or instrumental activities of daily living for aging clients/residents.

Date: September 23, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

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Working in Long Term Care Series: Session 3: Oral Care in Dementia

Learn about strategies to support the person living with dementia and their care partner(s) as they adjust to moving to Long Term Care.

Date: September 24, 2024, at 1:00pm-2:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.