

Hamilton – Support Groups (summer/fall 2024)

Group	Location	Day	Dates	Time
Adult Child Support Group	Zoom	6 weeks	Late summer/fall	TBD Dawn
Frontotemporal Dementia Carers Support Group	1041 West 5th Street, Hamilton	Monthly, second Thursday of month	January 11 th , Feb 8 th , Mar 14 th , Apr 11 th , May 9 th , June 13 th , July 11 th , Aug 8 th , Sept 12 th , Oct 10 th , Nov 14 th , Dec 12 th	1:00- 2:30pm Darcy
Long Term Care Support Group for Care Partners	1041 West 5th Street, Hamilton, ON L9B 1J5	Monthly, third Tuesday of month	Jan 16 th , Feb 20 th , Mar 19 th , April 16 th , May 21 st , June 18 th , July 17 th , Aug 20 th , Sept 17 th , Oct 16 th , Nov 19 th , Dec 17 th	2:00- 3:30pm Sharon
Men's Care Giving Group	550 Fennel Ave E. Hamilton	Monthly, third Thursday of month (4 th Thurs in Feb)	Feb 22 th , Mar 15 th , Apr 18 th , May 16 th , June 20 th , July 18 th , Aug 15 th , Sept 19 th , Oct 17 th , Nov 21 st , Dec 19 th	1:30- 3:00pm
Spousal	550 Fennel Ave E. Hamilton	Monthly, third Monday of month	Jan 15 th , Feb 19 th , Mar 18 th Apr 15 th May 20 th June 17 th , Jul 15 th , Aug 19 th , Sep 16 th Oct 21 st Nov 18 th Dec 16 th	1:30- 3:00pm Dawn
Adult Child Support Group	Zoom	6 weeks	Mid October start Dates TBD	6:30 pm – 8 pm Sharon

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Halton – Support Groups (summer/fall 2024)

Group	Location	Day	Dates	Time
Adult Child Support Group	Zoom	Monthly, last Thursday/month	Jan 25 th , Feb 29 th , Mar 28 th , (no April 25 th session), May 30 th , June 27 th , July 27 th , Aug 29 th , Sept 26 th , Oct 31 st , Nov 28 th , Dec 26 th	5:00- 6:30pm Anisha
Long Term Care Support Group for Care Partners	Zoom	Monthly, first Thursday/month	Jan 4 th , Feb 2 nd , March 7 th , April 4 th , May 2 nd , June 6 th , July 4 th , August 1 st , Sept 5 th , Oct 3 rd , Nov 7 th , Dec 5 th	2:00- 3:30pm Natalie
Men's Care Partner Support Group	4391 Harvester Rd, Unit 8 Burlington	Monthly, fourth Friday/month	Feb 23 rd , Mar 22 nd , Apr 26th, May 24 th , June 28 th , Jul 26 th , Aug 23 rd , Sept 27 th , Oct 25 th , Nov 22 nd , Dec 27 th	10:00- 11:30 Susan
Adult Child Support Group	Acclaim 2180 Itabashi Way Burlington	6 weeks, Thursdays	Sept 12 th , Sept 19 th , Sept 26 th , Oct 3 rd , Oct 10 th , Oct 17th	TBD Susan
MCI Information Session	Zoom	6 weeks, Wednesday	Sept 4 th , Sept 11 th , Sept 18 th , Sept 25 th , Oct 2 nd , Oct 9th	6 pm – 7:30 pm Anisha
Spousal Caregiver Support Group	4391 Harvester Rd, Unit 8 Burlington	6 weeks, Friday	Oct 15 th , Nov 1 st , Nov 8 th , Nov 15 th , Nov 22 nd , Nov 29 th	1 pm – 2:30 pm Susan

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Brantford & Paris – Support Groups (summer/fall)

Group	Location	Day	Dates	Time
Adult Child Support Group	Brantwood 25 Bell Lane, Suite 100	Monthly, fourth Tuesday/month	April 23 rd , May 28 th , June 25 th , Jul 23 rd , Aug 27 th , Sept 24 th , Oct 22 nd , Nov 26 th , Dec 17 th	6:00-7:30pm Cathy
Spousal Support Group	Brantwood 25 Bell Lane, Suite 100	Monthly, third Tuesday/month	Feb 20 th , Mar 19 th , Apr 16 th , May 21 st , June 18 th , Aug 20 th , Sept 17 th , Oct 15 th , Nov 19 th , Dec 17 th	10-11:30am Anushka
Spousal Support Group	Cowan Hub, 25 Curtis Ave N, Paris, ON N3L 3V3	Monthly, second Friday/month	Feb 9 th , Mar 8 th , Apr 12 th , May 10 th , June 14 th , Jul 12 th , Aug 9 th , Sept 13 th , Oct 11 th , Nov 8th, Dec 13 th	2:00-3:30pm Anushka

Haldimand & Norfolk – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Care Partner Support Group	Hagersville	Monthly, 3 months, Tuesday	May 14 th , June 11 th , July 9 th Aug 14 th , Sept 10 th , Oct 8 th , Nov 12 th , Dec 10 th .	1:30- 3:00pm Yvonne
Grief & Loss for the Active Care Partner	Hagersville		Fall dates pending interest	Yvonne
Spousal Caregiver Support Group	645 Norfolk Street N Simcoe	6 weeks, Thursdays	Sept 5 th , Sept 12 th , Sept 19 th , Sept 26 th , Oct 3 rd , Oct 10 th	10 am – 11:30 am