

## Upcoming Webinars on ALZeducate | August 2024

### ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. (When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)

#### **Aging and the Senses**

This presentation will cover sensory changes that occur with aging, reflecting on what a person may experience physically as they age, and identifying issues related to activities of daily living and/or instrumental activities of daily living for aging clients/residents.

**Date: August 6, 2024, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

#### **Sexuality, Intimacy and Dementia**

This webinar begins a conversation about the topic of intimacy and sexuality as we age, with dementia being a key area of focus.

**Date: August 14, 2024, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

#### **Meaningful Activities**

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

**Date: August 15, 2024, at 1:00pm-2:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

#### **Upcoming Special Events**

##### **Understanding Young Onset Dementia: A Panel Discussion**

Join us for this upcoming Speaker Series event where we explore the unique challenges faced by younger adults living with dementia and their care partners. Dementia at a young age presents overlapping and distinct issues compared to older adults. Our panelists will share their personal experiences with young onset dementia, discussing the complexities, challenges, and current landscape of support in Canada.

*Hosted by Ngozi Iroanyah, Director of Health Equity and Access, Alzheimer Society of Ontario*

##### **Panelists:**

**Debbie Keay** is living with young onset dementia.

**Dr. Mary Pat Sullivan** is Professor of Social Work and Social Gerontology and Director, Rare Dementia Support Canada, at Nipissing University. She is currently principal investigator of a CIHR funded study titled "A Realist Evaluation of Rare Dementia Support: Peoples, Spaces and Places."

**Camryn Berry** is currently a Project Manager at Hospice Palliative Care Ontario, and previously worked at the Alzheimer Society of Canada as a Knowledge Transfer and Exchange Associate.

**Sian Lockwood** is a Knowledge Transfer & Exchange Associate at the Alzheimer Society of Canada

**Date: August 6, 2024, at 3 p.m. (Eastern Time)/ 2 p.m. (Central Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.

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### Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia.

This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

**Date: August 15, 2024, at 6:00pm-7:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

### Loss and Grief

Explore the concept of ambiguous loss, develop coping strategies and gain understanding of feelings of grief when caring for a person living with dementia.

**Date: August 20, 2024, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

### Person-Centred Care

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care to the people you support. This is an interactive session. Your participation will be encouraged.

**Date: August 21, 2024, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

### Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

**Date: August 22, 2024, at 12:00pm-1:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.

## Upcoming Webinars on ALZeducate | **August 2024**

### **Dementia Overview**

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms and their impact on the person living with dementia.

**Date: August 22, 2024, at 3:00pm-4:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.