

Upcoming Webinars on ALZeducate | July 2024

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)*

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: July 4, 2024, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Driving and Dementia

Recognize how dementia impacts one's driving ability and identify warning signs that the person with dementia should stop driving.

Date: July 4, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Working in Long Term Care Series: Session 1: Adjusting to Long Term Care

Learn about strategies to support the person living with dementia and their care partner(s) as they adjust to moving to Long Term Care.

Date: July 9, 2024, at 1:00pm-2:00pm (Eastern Time)

Intended audience: Health Care Partners, Care Partners

[Click here](#) to register.

Young Onset Dementia

This presentation will focus on distinguishing Young onset dementia from Late onset dementia, developing a basic understanding of the genetic component of Young onset dementia, recognizing the impact of Young onset dementia on the individual and the family, and developing an understanding of supportive strategies and services in the community.

Date: July 10, 2024, at 12:00pm-1:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

If you need assistance enrolling in a webinar, please email alzed@alzon.ca

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Dementia-Friendly Communities

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: July 11, 2024, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Meaningful Activities

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

Date: July 16, 2024, at 12:00pm-1:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Lewy Body dementia and Parkinson's Disease dementia

This webinar will provide an overview of these two rarer types of dementia. It will provide attendees the opportunity to understand the unique symptoms, criteria for diagnosis and support needs for both the person living with these brain changes and their care partners.

Date: July 16, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

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Person-Centred Care

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care for the people you support. This is an interactive session. Your participation will be encouraged.

Date: July 17, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Working in Long Term Care Series: Session 2: Communicating with Families

Learn about strategies to support the person living with dementia and their care partner(s) as they adjust to moving to Long Term Care.

Date: July 23, 2024, at 1:00pm-2:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Loss and Grief

Explore the concept of ambiguous loss, develop coping strategies and gain understanding of feelings of grief when caring for a person living with dementia.

Date: July 24, 2024, at 12:00pm-1:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Frontotemporal dementia

This umbrella term refers to a group of rarer disorders that primarily results in changes in personality and language. Join us to explore a deeper understanding of these dementias and learn of available resources.

Date: July 26, 2024, at 10:00am-11:00am (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

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Support for Care Partners

Support for Care Partners: An introduction to being a care partner to someone living with dementia. This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: July 29, 2024, at 12:00am-1:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

*****NEW COURSE OFFERING*****

Advocacy College

In this self-paced eLearning course, participants will learn:

- The basics of advocacy
- How government works
- How to communicate effectively with elected officials

This course is designed to help turn concerned staff, clients, and members of the public into effective, resilient advocates for a more dementia-friendly Ontario.

Intended audience: General Public

[Click here](#) to register.