

## **Public Education for June 2024**

*(please note: all offices closed on June 12<sup>th</sup>, 2024)*

### **Online Groups - Zoom** (open for all areas)

Group	Who is this for?	Day	Dates	Time	To Register
<b>Getting Started</b>	This session is for anyone. It provides an overview of dementia and is for people who are at the beginning of a dementia journey; whether newly diagnosed or new to learning about dementia. It is also an opportunity to learn about the programs and services provided by the Alzheimer Society.	Monday	June 3 <sup>rd</sup>	1:30pm-3:00pm	Click <a href="#">here</a>
<b>Dementia Education Series</b>	A 4-part series for families and friends of persons living with early-stage dementia, or who are new to education and ready to learn more about dementia.	Tuesday	June 4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> and 25 <sup>th</sup>	6:30pm-8:30pm	Click <a href="#">here</a>

For more information  
and to register:

**1-800-565-4614**

**[help@alzda.ca](mailto:help@alzda.ca)**

<b>Monthly Drop-In Webinars</b>					
<b>Focus on Communication</b>	Open to all: opportunities to explore communication strategies.	Friday	June 14 <sup>th</sup>	11:00am-12:00pm	Click <a href="#">here</a>
<b>Caregiving From a Distance</b>	For families and friends of persons living with dementia who do not live with the person they are supporting.	Friday	June 21 <sup>st</sup>	11:00am-12:00pm	Click <a href="#">here</a>
<b>Toolbox Talks</b>	Open to all: learn support techniques for dementia.	Friday	June 28 <sup>th</sup>	11:00am-12:00pm	Click <a href="#">here</a>
<b>Finding Your Way</b>	For care partners, friends and community member who are supporting persons living with dementia. Learn about topics such as wayfinding, safety in the community, safe living spaces, and strategies for risk reduction.	Monday	June 24 <sup>th</sup>	10:00am-11:00am	Click <a href="#">here</a>
				3:30pm-4:30pm	Click <a href="#">here</a>
please find links on our website: <a href="http://www.alzda.ca">www.alzda.ca</a> (scroll down to the program calendars tab)					

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## In Person - Hamilton

Group	Description	Location	Dates	Time	To Register
<b>Public Lecture: Preparing for Mealtime Changes</b>	The Alzheimer Society of Brant, Haldimand Norfolk, Hamilton Halton and McMaster University's Aging Swallow Research Lab, invite you to join in an engaging panel discussion to learn about changes in eating habits, swallowing, and nutrition in persons living with dementia. Vendors will be showcasing innovative products and food samples to make mealtime more enjoyable.	Sackville Hill Seniors Recreation Centre: 780 Upper Wentworth St., Hamilton	Thursday June 27	1 p.m. – 3:30 p.m.	Click <a href="#">here</a>

## In Person - Halton

Group	Description	Location	Date	Time	To Register
<b>Understanding Dementia</b>	An informative discussion about the services available to those living with cognitive decline in Halton Hills.	Georgetown Library; 9 Church St., Georgetown	Wednesday June 5	6:30 p.m. - 7:30 p.m.	Drop-In: registration not required

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