

Soci t  Alzheimer Society

BRANT, HALDIMAND NORFOLK,
HAMILTON HALTON

Hamilton – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Adult Child	1041 West 5th Street, Hamilton	Weekly, 6 weeks, Wednesday	April 17 th , April 24 th , May 1 st , May 8 th , May 15 th , May 22 nd	1:30-3:00pm Darcy
Grief & Loss for Active Care Partners	550 Fennel Ave E. Hamilton	Weekly, 6 weeks, Friday	April 19 th , April 26 th , May 3 rd , May 10 th , May 17 th , May 24 th	10:30-noon Kimberly & Sharon
Women’s Support Group	550 Fennel Ave E. Hamilton	Weekly, 6 weeks, Wednesday	July 17 th , July 24 th , July 31 st , Aug 7 th , Aug 14 th , Aug 21 st	10:00-11:30 Kimberly
Long Term Care Support Group for Care Partners	1041 West 5th Street, Hamilton, ON L9B 1J5	Monthly, third Tuesday of month	Jan 16 th , Feb 20 th , Mar 19 th , April 16 th , May 21 st , June 18 th , July 17 th , Aug 20 th , Sept 17 th , Oct 16 th , Nov 19 th , Dec 17 th	2:00-3:30pm Sharon
Men’s Care Giving Group	550 Fennel Ave E. Hamilton	Monthly, third Thursday of month (4 th Thurs in Feb)	Feb 22 th , Mar 15 th , Apr 18 th , May 16 th , June 20 th , July 18 th , Aug 15 th , Sept 19 th , Oct 17 th , Nov 21 st , Dec 19 th	1:30-3:00pm Darcy
Spousal Support Group	550 Fennel Ave E. Hamilton	Monthly, third Monday of month	Jan 15 th , Feb 19 th , Mar 18 th , Apr 15 th , May 20 th , June 17 th , Jul 15 th , Aug 19 th , Sep 16 th , Oct 21 st , Nov 18 th , Dec 16 th	1:30-3:00pm Dawn
Spousal Support Group	1041 West 5th Street, Hamilton	Monthly, second Thursday of month	January 11 th , Feb 8 th , Mar 14 th , Apr 11 th , May 9 th , June 13 th , July 11 th , Aug 8 th , Sept 12 th , Oct 10 th , Nov 14 th , Dec 12 th	1:00-2:30pm Darcy

FOR MORE INFORMATION AND TO REGISTER:

1-800-565-4614

help@alzda.ca

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Halton – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Adult Child Support Group	Zoom	Monthly, last Thursday/month	Jan 25 th , Feb 29 th , Mar 28 th , (no April 25 th session), May 30 th , June 27 th , July 25 th , Aug 29 th , Sept 26 th , Oct 31 st , Nov 28 th , Dec 26 th	5:00-6:30pm Anisha
Early Stage Support Group (for persons living with dementia)	4391 Harvester Rd, Unit 8 Burlington	Weekly, 6 weeks on Wednesday	April 24 th , May 1 st , May 8 th , May 15 th , May 22 nd , May 29 th	1:30-3:00pm Anisha
Long Term Care Support Group for Care Partners	Zoom	Monthly, first Thursday/month	Jan 4 th , Feb 2 nd , March 7 th , April 4 th , May 2 nd , June 6 th , July 4 th , August 1 st , Sept 5 th , Oct 3 rd , Nov 7 th , Dec 5 th	2:00-3:30pm Natalie
Long Term Care Support Group for Care Partners	Zoom	Weekly, 6 weeks, Monday	April 29 th , May 6 th , May 13 th , May 27 th , June 3 rd , June 10 th	1:30-3:00pm Claire
Men’s Care Partner Support Group	4391 Harvester Rd, Unit 8 Burlington	Monthly, fourth Friday/month	Feb 23 rd , Mar 22 nd , Apr 26 th , May 24 th , June 28 th , Jul 26 th , Aug 23 rd , Sept 27 th , Oct 25 th , Nov 22 nd , Dec 27 th	10:00-11:30 Susan

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Brantford & Paris – Support Groups (spring/summer)

Group	Location	Day	Dates	Time
Adult Child Support Group	Brantwood 25 Bell Lane, Suite 100	Monthly, fourth Tuesday/month	April 23 rd , May 28 th , June 25 th , Jul 23 rd , Aug 27 th , Sept 24 th , Oct 22 nd , Nov 26 th , Dec 17 th	6:00-7:30pm Cathy
Long Term Care Care Partner Group	Zoom	Weekly, 6 weeks, Monday	April 29 th , May 6 th , May 13 th , May 27 th , June 3 rd , June 10 th	1:30-3:00pm Claire
Concurrent Group: Persons with Dementia – Early Stage support Group	Brantwood 25 Bell Lane, Suite 100	Weekly, 6 weeks, Tuesday	May 14 th , May 21 st , May 28 th , June 4 th , June 11 th , June 18 th	2:00 -3:30pm Anushka
Concurrent Group: Care Partners	Brantwood 25 Bell Lane, Suite 100	Weekly, 6 weeks, Tuesday	May 14 th , May 21 st , May 28 th , June 4 th , June 11 th , June 18 th	2:00-3:30pm Cathy
Spousal Support Group	Brantwood 25 Bell Lane, Suite 100	Monthly, third Tuesday/month	Feb 20 th , Mar 19 th , Apr 16 th , May 21 st , June 18 th , Aug 20 th , Sept 17 th , Oct 15 th , Nov 19 th , Dec 17 th	10-11:30am Claire
Spousal Support Group	Cowan Hub, 25 Curtis Ave N, Paris, ON N3L 3V3	Monthly, second Friday/month	Feb 9 th , Mar 8 th , Apr 12 th , May 10 th , June 14 th , Jul 12 th , Aug 9 th , Sept 13 th , Oct 11 th , Nov 8 th , Dec 13 th	2:00-3:30pm Anushka

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Haldimand & Norfolk – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Care Partner Support Group	Port Dover	Monthly, 6 months, second Tues/mo	Jan 9 th , Feb 13 th , Mar 12 th , Apr 10 th , May 14 th , June 5th – last meeting	1:30-3:00pm Judy
Care Partner Support Group	Dunnville	Monthly, 6 months, Wednesdays	Jan 10 th , Feb 14 th , Mar 13 th , Apr 10 th , May 8 th , Tues June 11th – last meeting	1:00-3:00pm Judy
Care Partner Support Group	Hagersville	Monthly, 3 months, Tuesday	June 11 th , July 9 th , Aug 14 th , Sept 10 th , Oct 8 th , Nov 12 th , Dec 10 th .	1:30-3:00pm Yvonne
Caregiver Support Group	Simcoe	Weekly, 6 weeks, Thursdays	May 23 rd , May 30 th , June 6 th , June 13 th , June 20 th	10:00-11:30 Bev
Grief & Loss for the Active Care Partner	Hagersville		Fall dates pending interest	 Yvonne
Self Care for the Caregiver	Zoom	Weekly, 16 weeks, Tuesdays	Jan 16 th - May 7 th	12:00-3:00pm

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