

## **ALZeducate offers free, online dementia education!**

Here is a list of upcoming webinars. (When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)

# LTC Series for Care Partners – Session 3- Resident's Rights

This educational workshop aims to give care partners an overview of issues related to long-term care (LTC). The goal is for care partners to learn about how the decision for LTC could have an impact on them, understand the application process and to learn to cope with the transition.

Date: May 2, 2024, at 10:00am-11:30am (Eastern

Time)

Intended audience: Care Partners, Health Care

**Providers** 

Click here to register.

### Lewy Body dementia and Parkinson's Disease dementia

This webinar will provide an overview of these two rarer types of dementia. It will provide attendees the opportunity to understand the unique symptoms, criteria for diagnosis and support needs for both the person living with these brain changes and their care partners.

Date: May 2, 2024, at 3:00pm-4:00pm (Eastern Time) Intended audience: General Public, Care Partners, Health Care Providers

<u>Click here</u> to register.

#### **Women and Dementia**

This webinar will provide an overview of the prevalence of dementia among women and discuss some of the risk factors that impact women in particular.

Date: May 6, 2024, at 11:00am-12:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

## **Upcoming Special Events**

#### **Sex and Gender Differences in Dementia**

Both sex and gender can shape a person's dementia experience, from prior to onset, through treatment and beyond.

Researchers now recognize that both sex and gender are important characteristics to consider when examining dementia outcomes and care needs.

Join us on May 7th for a conversation on this very subject, and the Alzheimer Society of Canada's latest research study: The Many Faces of Dementia in Canada.

#### **Speaker Details:**

Ngozi Iroanyah, Director, Healthy Equity and Access-Alzheimer Society of Ontario

Dr. Natasha Rajah (Toronto Metropolitan University) and Dr. Gillian Einstein (University of Toronto)

Date: May 7, 2024, at 3 p.m. (Eastern Time)/ 2 p.m.

(Central Time)

Intended audience: General Public, Care Partners,

**Health Care Providers** 

<u>Click here</u> to register.



## **Meaningful Activities**

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

Date: May 6, 2024, at 2:00pm-3:00pm (Eastern Time)
Intended audience: Care Partners, Health Care Providers

<u>Click here</u> to register.

#### **Support for Care Partners**

Support for Care Partners: An introduction to being a care partner to someone living with dementia. This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: May 8, 2024, at 2:00pm-3:00pm (Eastern Time) Intended audience: Care Partners, Health Care Providers

<u>Click here</u> to register.

## **Young Onset Dementia**

This presentation will focus on distinguishing Young onset dementia from Late onset dementia, developing a basic understanding of the genetic component of Young onset dementia, recognizing the impact of Young onset dementia on the individual and the family, and developing an understanding of supportive strategies and services in the community.

Date: May 9, 2024, at 10:00am-11:00am (Eastern Time)
Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

#### **Dementia Overview for Health Care Providers**

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms (8A's) and their impact on the person living with dementia. Attendees will apply their learning by working through scenarios applicable to various care settings.

Date: May 9, 2024, at 12:00pm-1:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

Click here to register.



#### **Brain Health**

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: May 9, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

Click here to register.

#### Aging and the Senses

This presentation will cover sensory changes that occur with aging, reflecting on what a person may experience physically as they age, and identifying issues related to activities of daily living and/or instrumental activities of daily living for aging clients/residents.

Date: May 13, 2024, at 4:00pm-5:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

Click here to register.

## **Dementia Friendly Environments**

Learn how the symptoms of dementia can impact the way in which people engage and interact with their surrounding environment. This webinar will help to enhance your knowledge of what makes an environment dementia friendly, and review strategies that can be implemented to support a person living with dementia in the place where they live.

Date: May 14, 2024, at 1:00pm-2:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

Click here to register.

#### **Communication for Health Care Providers**

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: May 16, 2024, at 1:00pm-2:00pm (Eastern Time) Intended audience: Health Care Providers, Care Partners

Click here to register.



#### **Communication for Care Partners**

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: May 22, 2024, at 5:00pm-6:00pm (Eastern Time) Intended audience: Care Partners, Health Care Providers

<u>Click here</u> to register.