

# Soci t  Alzheimer Society

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

## Hamilton – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Adult Child	1041 West 5th Street, Hamilton	Weekly, 6 weeks, Wednesday	April 17 <sup>th</sup> , April 24 <sup>th</sup> , May 1 <sup>st</sup> , May 8 <sup>th</sup> , May 15 <sup>th</sup> , May 22 <sup>nd</sup>	1:30-3:00pm Darcy
Grief & Loss for Active Care Partners	550 Fennel Ave E. Hamilton	Weekly, 6 weeks, Friday	April 19 <sup>th</sup> , April 26 <sup>th</sup> , May 3 <sup>rd</sup> , May 10 <sup>th</sup> , May 17 <sup>th</sup> , May 24 <sup>th</sup>	10:30-noon Kimberly & Sharon
Women’s Support Group	1041 West 5th Street, Hamilton	Weekly, 6 weeks, Thursday	June 20 <sup>th</sup> , June 27 <sup>th</sup> , July 4 <sup>th</sup> , July 11 <sup>th</sup> , July 18 <sup>th</sup> , July 25 <sup>th</sup>	10:30-noon Kimberly
Frontotemporal Dementia Carers Support Group	1041 West 5th Street, Hamilton	Monthly, second Thursday of month	January 11 <sup>th</sup> , Feb 8 <sup>th</sup> , Mar 14 <sup>th</sup> , Apr 11 <sup>th</sup> , May 9 <sup>th</sup> , June 13 <sup>th</sup> , July 11 <sup>th</sup> , Aug 8 <sup>th</sup> , Sept 12 <sup>th</sup> , Oct 10 <sup>th</sup> , Nov 14 <sup>th</sup> , Dec 12 <sup>th</sup>	1:00-2:30pm Darcy
Long Term Care Support Group for Care Partners	1041 West 5th Street, Hamilton, ON L9B 1J5	Monthly, third Tuesday of month	Jan 16 <sup>th</sup> , Feb 20 <sup>th</sup> , Mar 19 <sup>th</sup> , April 16 <sup>th</sup> , May 21 <sup>st</sup> , June 18 <sup>th</sup> , July 17 <sup>th</sup> , Aug 20 <sup>th</sup> , Sept 17 <sup>th</sup> , Oct 16 <sup>th</sup> , Nov 19 <sup>th</sup> , Dec 17 <sup>th</sup>	2:00-3:30pm Sharon
Men’s Care Giving Group	550 Fennel Ave E. Hamilton	Monthly, third Thursday of month (4 <sup>th</sup> Thurs in Feb)	Feb 22 <sup>th</sup> , Mar 15 <sup>th</sup> , Apr 18 <sup>th</sup> , May 16 <sup>th</sup> , June 20 <sup>th</sup> , July 18 <sup>th</sup> , Aug 15 <sup>th</sup> , Sept 19 <sup>th</sup> , Oct 17 <sup>th</sup> , Nov 21 <sup>st</sup> , Dec 19 <sup>th</sup>	1:30-3:00pm Darcy
Self Care for the Caregiver	Zoom	Weekly, 16 weeks, Tuesdays	Jan 16 <sup>th</sup> - May 7 <sup>th</sup> Exclusion: Mar 12 <sup>th</sup> no meeting	12:00-3:00pm
Spousal	550 Fennel Ave E. Hamilton	Monthly, third Monday of month	Jan 15 <sup>th</sup> , Feb 19 <sup>th</sup> , Mar 18 <sup>th</sup> , Apr 15 <sup>th</sup> , May 20 <sup>th</sup> , June 17 <sup>th</sup> , Jul 15 <sup>th</sup> , Aug 19 <sup>th</sup> , Sep 16 <sup>th</sup> , Oct 21 <sup>st</sup> , Nov 18 <sup>th</sup> , Dec 16 <sup>th</sup>	1:30-3:00pm Dawn

1-800-565-4614

[help@alzda.ca](mailto:help@alzda.ca)

# Soci t  Alzheimer Society

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

## Halton – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Adult Child Support Group	Zoom	Monthly, last Thursday/month	Jan 25 <sup>th</sup> , Feb 29 <sup>th</sup> , Mar 28 <sup>th</sup> , (no April 25 <sup>th</sup> session), May 30 <sup>th</sup> , June 27 <sup>th</sup> , July 27 <sup>th</sup> , Aug 29 <sup>th</sup> , Sept 26 <sup>th</sup> , Oct 31 <sup>st</sup> , Nov 28 <sup>th</sup> , Dec 26 <sup>th</sup>	5:00-6:30pm  Anisha
Early Stage Support Group (for persons living with dementia)	4391 Harvester Rd, Unit 8 Burlington	Weekly, 6 weeks on Wednesday	April 24 <sup>th</sup> , May 1 <sup>st</sup> , May 8 <sup>th</sup> , May 15 <sup>th</sup> , May 22 <sup>nd</sup> , May 29 <sup>th</sup> <sup>25</sup>	1:30-3:00pm  Anisha
Long Term Care Support Group for Care Partners	Zoom	Monthly, first Thursday/month	Jan 4 <sup>th</sup> , Feb 2 <sup>nd</sup> , March 7 <sup>th</sup> , April 4 <sup>th</sup> , May 2 <sup>nd</sup> , June 6 <sup>th</sup> , July 4 <sup>th</sup> , August 1 <sup>st</sup> , Sept 5 <sup>th</sup> , Oct 3 <sup>rd</sup> , Nov 7 <sup>th</sup> , Dec 5 <sup>th</sup>	2:00-3:30pm  Natalie
Long Term Care Support Group for Care Partners	Zoom	Weekly, 6 weeks, Monday	April 29 <sup>th</sup> , May 6 <sup>th</sup> , May 13 <sup>th</sup> , May 27 <sup>th</sup> , June 3 <sup>rd</sup> , June 10 <sup>th</sup>	1:30-3:00pm  Claire
Men’s Care Partner Support Group	4391 Harvester Rd, Unit 8 Burlington	Monthly, fourth Friday/month	Feb 23 <sup>rd</sup> , Mar 22 <sup>nd</sup> , Apr 26 <sup>th</sup> , May 24 <sup>th</sup> , June 28 <sup>th</sup> , Jul 26 <sup>th</sup> , Aug 23 <sup>rd</sup> , Sept 27 <sup>th</sup> , Oct 25 <sup>th</sup> , Nov 22 <sup>nd</sup> , Dec 27 <sup>th</sup>	10:00-11:30  Susan

1-800-565-4614

[help@alzda.ca](mailto:help@alzda.ca)

# Soci t  Alzheimer Society

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

## Brantford & Paris – Support Groups (spring/summer)

Group	Location	Day	Dates	Time
Adult Child Support Group	Brantwood 25 Bell Lane, Suite 100	Monthly, fourth Tuesday/month	April 23 <sup>rd</sup> , May 28 <sup>th</sup> , June 25 <sup>th</sup> , Jul 23 <sup>rd</sup> , Aug 27 <sup>th</sup> , Sept 24 <sup>th</sup> , Oct 22 <sup>nd</sup> , Nov 26 <sup>th</sup> , Dec 17 <sup>th</sup>	6:00-7:30pm  Cathy
Long Term Care Care Partner Group	Zoom	Weekly, 6 weeks, Monday	April 29 <sup>th</sup> , May 6 <sup>th</sup> , May 13 <sup>th</sup> , May 27 <sup>th</sup> , June 3 <sup>rd</sup> , June 10 <sup>th</sup>	1:30-3:00pm  Claire
<b>Concurrent Group:</b> Persons with Dementia – Early Stage support Group	Brantwood 25 Bell Lane, Suite 100	Weekly, 6 weeks, Tuesday	May 14 <sup>th</sup> , May 21 <sup>st</sup> , May 28 <sup>th</sup> , June 4 <sup>th</sup> , June 11 <sup>th</sup> , June 18 <sup>th</sup>	2:00 -3:30pm  Anushka
<b>Concurrent Group:</b> Care Partners	Brantwood 25 Bell Lane, Suite 100	Weekly, 6 weeks, Tuesday	May 14 <sup>th</sup> , May 21 <sup>st</sup> , May 28 <sup>th</sup> , June 4 <sup>th</sup> , June 11 <sup>th</sup> , June 18 <sup>th</sup>	2:00-3:30pm  Cathy
Spousal Support Group	Brantwood 25 Bell Lane, Suite 100	Monthly, third Tuesday/month	Feb 20 <sup>th</sup> , Mar 19 <sup>th</sup> , Apr 16 <sup>th</sup> , May 21 <sup>st</sup> , June 18 <sup>th</sup> , Aug 20 <sup>th</sup> , Sept 17 <sup>th</sup> , Oct 15 <sup>th</sup> , Nov 19 <sup>th</sup> , Dec 17 <sup>th</sup>	10-11:30am  Anushka
Spousal Support Group	Cowan Hub, 25 Curtis Ave N, Paris, ON N3L 3V3	Monthly, second Friday/month	Feb 9 <sup>th</sup> , Mar 8 <sup>th</sup> , Apr 12 <sup>th</sup> , May 10 <sup>th</sup> , June 14 <sup>th</sup> , Jul 12 <sup>th</sup> , Aug 9 <sup>th</sup> , Sept 13 <sup>th</sup> , Oct 11 <sup>th</sup> , Nov 8 <sup>th</sup> , Dec 13 <sup>th</sup>	2:00-3:30pm  Anushka

1-800-565-4614

[help@alzda.ca](mailto:help@alzda.ca)

# Soci t  Alzheimer Society

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

## Haldimand & Norfolk – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Care Partner Support Group	Port Dover	Monthly, 6 months, second Tues/mo	Jan 9 <sup>th</sup> , Feb 13 <sup>th</sup> , Mar 12 <sup>th</sup> , Apr 10 <sup>th</sup> , May 14 <sup>th</sup> , June 13 <sup>th</sup>	1:30-3:00pm  Judy
Care Partner Support Group	Dunnville	Monthly, 6 months, Wednesdays	Jan 10 <sup>th</sup> , Feb 14 <sup>th</sup> , Mar 13 <sup>th</sup> , Apr 10 <sup>th</sup> , May 8 <sup>th</sup> , June 12 <sup>th</sup>	1:00-3:00pm  Judy
Care Partner Support Group	Hagersville	Monthly, 3 months, Tuesday	May 14 <sup>th</sup> , June 11 <sup>th</sup> , July 9 <sup>th</sup> , Aug 14 <sup>th</sup> , Sept 10 <sup>th</sup> , Oct 8 <sup>th</sup> , Nov 12 <sup>th</sup> , Dec 10 <sup>th</sup> .	1:30-3:00pm Yvonne
Caregiver Support Group	Simcoe	Weekly, 6 weeks, Thursdays	May 16 <sup>th</sup> , May 23 <sup>rd</sup> , May 30 <sup>th</sup> , June 6 <sup>th</sup> , June 13 <sup>th</sup> , June 20 <sup>th</sup>	10:00-11:30 Bev
Grief & Loss for the Active Care Partner	Hagersville	....?.....	Fall dates pending interest	Yvonne
Self Care for the Caregiver	Zoom	Weekly, 16 weeks, Tuesdays	Jan 16 <sup>th</sup> - May 7 <sup>th</sup> Exclusion: Mar 12 <sup>th</sup> no meeting	12:00-3:00pm

1-800-565-4614

[help@alzda.ca](mailto:help@alzda.ca)