

## Upcoming Webinars on ALZeducate | April 2024

### **ALZeducate offers free, online dementia education!**

Here is a list of upcoming webinars. *(When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)*

#### **Overview of Young Onset Dementia**

Enhance your knowledge of young onset dementia, the unique challenges faced by the person and their care partners and strategies to support someone who is living with young onset dementia.

**Date: April 4, 2024, at 2:00pm-3:00pm (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

#### **Dementia-Friendly Communities**

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia. This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

**Date: April 10, 2024, at 10:00am-11:00am (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Partners**

[Click here](#) to register.

#### **Meaningful Activities**

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

**Date: April 11, 2024, at 3:00pm-4:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

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### **Support for Care Partners**

Support for Care Partners:

An introduction to being a care partner to someone living with dementia.

This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

**Date: April 12, 2024, at 2:00pm-3:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

### **LTC series for Care partners – Session 1- Considering Long Term Care**

This educational workshop aims to give care partners an overview of issues related to long-term care (LTC). The goal is for care partners to learn about how the decision for LTC could have an impact on them, understand the application process, and to learn to cope with the transition.

**Date: April 18, 2024, at 10:00am-11:30am (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

### **Dementia Overview**

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms and their impact on the person living with dementia.

**Date: April 18, 2024, at 12:00pm-1:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.

### **Meaningful Activities**

This webinar helps care partners of a person living with dementia in mid-to-late stages to develop and participate in meaningful activities. The goal is to provide practical ideas on how participants can spend quality time together by identifying and drawing upon the person's remaining strengths.

**Date: April 18, 2024, at 3:00pm-4:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

## Upcoming Webinars on ALZeducate | **April 2024**

### **Aging and the Senses**

This presentation will cover sensory changes that occur with aging, reflecting on what a person may experience physically as they age, and identifying issues related to activities of daily living and/or instrumental activities of daily living for aging clients/residents.

**Date: April 19, 2024, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

### **Overview of Lewy Body Dementia and Frontotemporal Dementia**

This webinar is an opportunity to increase your knowledge of the signs and symptoms that differentiate these two types of dementia from other forms of dementia. It will explore specific characteristics that are intrinsic to Lewy Body Dementia and Frontotemporal Dementia.

**Date: April 22, 2024, at 2:00pm-3:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.

### **Three D's - Delirium, Depression, Dementia**

Learn about the 3 D's, prevalence of the 3 D's, causes/risk factors, strategies to address each of the 3 D's, and how you can support the person you are caring for while they are experiencing any of these conditions.

**Date: April 23, 2024, at 10:00am-11:00am (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

### **Person-Centred Care**

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care to the people you support. This is an interactive session. Your participation will be encouraged.

**Date: April 23, 2024, at 2:00pm-3:00pm (Eastern Time)**

**Intended audience: Health Care Providers, Care Partners**

[Click here](#) to register.

## Upcoming Webinars on ALZeducate | April 2024

### **Lewy Body dementia and Parkinson’s Disease dementia**

This webinar will provide an overview of these two rarer types of dementia. It will provide attendees the opportunity to understand the unique symptoms, criteria for diagnosis and support needs for both the person living with these brain changes and their care partners.

**Date: April 26, 2024, at 6:00pm-7:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.

### **Brain Health**

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

**Date: April 29, 2024, at 5:00pm-6:00pm (Eastern Time)**

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.

### **Loss and Grief**

Explore the concept of ambiguous loss, develop coping strategies and gain understanding of feelings of grief when caring for a person living with dementia.

**Date: April 30, 2024, at 2:00pm-3:00pm (Eastern Time)**

**Intended audience: Care Partners, Health Care Providers**

[Click here](#) to register.

**\*\*\*NEW COURSE OFFERING\*\*\***

### **Landmark Study: The Many Faces of Dementia in Canada**

This on-demand learning module focuses on the second Landmark Study report which was released on January 22, 2024. Titled The Many Faces of Dementia in Canada, the report focuses on people living with dementia and care partners who are part of underrepresented and underserved populations.

Presenters:

Dr. Joshua Armstrong, Research Scientist, Alzheimer Society of Canada

Ngozi Iroanyah, Director of Health Equity and Access, Alzheimer Society of Ontario

**Intended audience: General Public, Care Partners, Health Care Providers**

[Click here](#) to register.