

# Soci t  Alzheimer Society

BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

## Hamilton – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Adult Child	1041 West 5th Street, Hamilton	Weekly, 6 weeks, Wednesday	April 17 <sup>th</sup> , April 24 <sup>th</sup> , May 1 <sup>st</sup> , May 8 <sup>th</sup> , May 15 <sup>th</sup> , May 22 <sup>nd</sup>	1:30-3:00pm
Grief & Loss for Active Care Partners	550 Fennel Ave E. Hamilton	Weekly, 6 weeks, Friday	April 19 <sup>th</sup> , April 26 <sup>th</sup> , May 3 <sup>rd</sup> , May 10 <sup>th</sup> , May 17 <sup>th</sup> , May 24 <sup>th</sup>	10:30-noon
Women’s Support Group	1041 West 5th Street, Hamilton	Weekly, 6 weeks, Thursday	June 20 <sup>th</sup> , June 27 <sup>th</sup> , July 4 <sup>th</sup> , July 11 <sup>th</sup> , July 18 <sup>th</sup> , July 25 <sup>th</sup>	10:30-noon
Frontotemporal Dementia Carers Support Group	1041 West 5th Street, Hamilton	Monthly, second Thursday of month	January 11 <sup>th</sup> , Feb 8 <sup>th</sup> , Mar 14 <sup>th</sup> , Apr 11 <sup>th</sup> , May 9 <sup>th</sup> , June 13 <sup>th</sup> , July 11 <sup>th</sup> , Aug 8 <sup>th</sup> , Sept 12 <sup>th</sup> , Oct 10 <sup>th</sup> , Nov 14 <sup>th</sup> , Dec 12 <sup>th</sup>	1:00-2:30pm
Long Term Care Support Group for Care Partners	1041 West 5th Street, Hamilton, ON L9B 1J5	Monthly, third Tuesday of month	Jan 16 <sup>th</sup> , Feb 20 <sup>th</sup> , Mar 19 <sup>th</sup> , April 17 <sup>th</sup> , May 21 <sup>st</sup> , June 18 <sup>th</sup> , July 17 <sup>th</sup> , Aug 20 <sup>th</sup> , Sept 17 <sup>th</sup> , Oct 16 <sup>th</sup> , Nov 19 <sup>th</sup> , Dec 17 <sup>th</sup>	2:00-3:30pm
Men’s Care Giving Group	550 Fennel Ave E. Hamilton	Monthly, third Thursday of month (4 <sup>th</sup> Thurs in Feb)	Feb 22 <sup>th</sup> , Mar 15 <sup>th</sup> , Apr 18 <sup>th</sup> , May 16 <sup>th</sup> , June 20 <sup>th</sup> , July 18 <sup>th</sup> , Aug 15 <sup>th</sup> , Sept 19 <sup>th</sup> , Oct 17 <sup>th</sup> , Nov 21 <sup>st</sup> , Dec 19 <sup>th</sup>	1:30-3:00pm
Self Care for the Caregiver	Zoom	Weekly, 16 weeks, Tuesdays	Jan 16 <sup>th</sup> - May 7 <sup>th</sup> Exclusion: Mar 12 <sup>th</sup> no meeting	12:00-3:00pm
Spousal	550 Fennel Ave E. Hamilton	Monthly, third Monday of month	Jan 15 <sup>th</sup> , Feb 19 <sup>th</sup> , Mar 18 <sup>th</sup> , Apr 15 <sup>th</sup> , May 20 <sup>th</sup> , June 17 <sup>th</sup> , Jul 15 <sup>th</sup> , Aug 19 <sup>th</sup> , Sep 16 <sup>th</sup> , Oct 21 <sup>st</sup> , Nov 18 <sup>th</sup> , Dec 16 <sup>th</sup>	1:30-3:00pm

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## Halton – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Adult Child Support Group	Zoom	Monthly, last Thursday/month	Jan 25 <sup>th</sup> , Feb 29 <sup>th</sup> , Mar 28 <sup>th</sup> , Apr 26 <sup>th</sup> , May 30 <sup>th</sup> , June 27 <sup>th</sup> , July 27 <sup>th</sup> , Aug 29 <sup>th</sup> , Sept 26 <sup>th</sup> , Oct 31 <sup>st</sup> , Nov 28 <sup>th</sup> , Dec 26 <sup>th</sup>	4:30-6:30pm
Early Stage Support Group (for persons living with dementia)	4391 Harvester Rd, Unit 8 Burlington	Weekly, 6 weeks on Wednesday	May 1 <sup>st</sup> , May 8 <sup>th</sup> , May 15 <sup>th</sup> , May 22 <sup>nd</sup> , May 29 <sup>th</sup> , June 5 <sup>th</sup>	1:30-3:00pm
Grief & Loss for Active Care Partners	4391 Harvester Rd, Unit 8 Burlington	Weekly, 6 weeks, Thursday	Feb 22 <sup>nd</sup> , Feb 29 <sup>th</sup> , Mar 7 <sup>th</sup> , Mar 14 <sup>th</sup> , Mar 21 <sup>st</sup> , Mar 28 <sup>th</sup>	10:00-11:30am
Long Term Care Support Group for Care Partners	Zoom	Monthly, third Tuesday/month	Jan 16 <sup>th</sup> , Feb 20 <sup>th</sup> , March 19 <sup>th</sup> , April 16 <sup>th</sup> , May 21 <sup>st</sup> , June 18 <sup>th</sup> , July 16 <sup>th</sup> , August 20 <sup>th</sup> , Sept 17 <sup>th</sup> , Oct 15 <sup>th</sup> , Nov 19 <sup>th</sup> , Dec 17 <sup>th</sup>	2:00-3:30pm
Men’s Care Partner Support Group	4391 Harvester Rd, Unit 8 Burlington	Monthly, fourth Friday/month	Feb 23 <sup>rd</sup> , Mar 22 <sup>nd</sup> , Apr 26 <sup>th</sup> , May 24 <sup>th</sup> , June 28 <sup>th</sup> , Jul 26 <sup>th</sup> , Aug 23 <sup>rd</sup> , Sept 27 <sup>th</sup> , Oct 25 <sup>th</sup> , Nov 22 <sup>nd</sup> , Dec 27 <sup>th</sup>	10:00-11:30
Self Care for the Caregiver	Zoom	Weekly, 16 weeks, Tuesdays	Jan 16 <sup>th</sup> - May 7 <sup>th</sup> Exclusion: Mar 12 <sup>th</sup> no meeting	12:00-3:00pm
Spousal Support Group	456 Trafalgar Rd. Sunrise RH	Mondays, 6 weeks	Jan 22 <sup>nd</sup> , Jan 29 <sup>th</sup> , Feb 5 <sup>th</sup> , Feb 12 <sup>th</sup> & Mar 18 <sup>th</sup> , Mar 25 <sup>th</sup>	10:00-11:30am
Spousal Support Group	Zoom	Monthly, fourth Friday/month	Jan 26 <sup>th</sup> , Feb 23 <sup>rd</sup> , Mar 29 <sup>th</sup> , Apr 26 <sup>th</sup> , May 31 <sup>st</sup> , June 28 <sup>th</sup> , July 26 <sup>th</sup> , Aug 23 <sup>rd</sup> , Sept 27 <sup>th</sup> , Oct 25 <sup>th</sup> , Nov 29 <sup>th</sup> , Dec 27 <sup>th</sup>	10:00-11:30am

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## Brantford & Paris – Support Groups (spring/summer)

Group	Location	Day	Dates	Time
Adult Child Support Group	Brantwood 25 Bell Lane, Suite 100	Monthly, fourth Tuesday/month	April 22 <sup>nd</sup> , May 27 <sup>th</sup> , June 24 <sup>th</sup> , Jul 23 <sup>rd</sup> , Aug 27 <sup>th</sup> , Sept 24 <sup>th</sup> , Oct 22 <sup>nd</sup> , Nov 26 <sup>th</sup> , Dec 17 <sup>th</sup>	6:00-7:30pm
Long Term Care Care Partner Group	Brantwood 25 Bell Lane, Suite 100	Weekly, 6 weeks, Thursday	March 21 <sup>st</sup> , March 28 <sup>th</sup> , April 4 <sup>th</sup> , April 18 <sup>th</sup> , April 25 <sup>th</sup> , May 2 <sup>nd</sup> , May 9 <sup>th</sup> , May 16 <sup>th</sup> , May 23 <sup>rd</sup> , May 30 <sup>th</sup>	10-11:30am
Self Care for the Caregiver	Zoom	Weekly, 16 weeks, Tuesday	Jan 16 <sup>th</sup> - May 7 <sup>th</sup> Exclusion: Mar 12 <sup>th</sup> no meeting	12:00-3:00pm
Spousal Support Group	Brantwood 25 Bell Lane, Suite 100	Monthly, third Tuesday/month	Feb 20 <sup>th</sup> , Mar 19 <sup>th</sup> , Apr 16 <sup>th</sup> , May 21 <sup>st</sup> , June 18 <sup>th</sup> , Aug 20 <sup>th</sup> , Sept 17 <sup>th</sup> , Oct 15 <sup>th</sup> , Nov 19 <sup>th</sup> , Dec 17 <sup>th</sup>	10-11:30am
Spousal Support Group	Cowan Hub, 25 Curtis Ave N, Paris, ON N3L 3V3	Monthly, second Friday/month	Feb 9 <sup>th</sup> , Mar 8 <sup>th</sup> , Apr 12 <sup>th</sup> , May 10 <sup>th</sup> , June 14 <sup>th</sup> , Jul 12 <sup>th</sup> , Aug 9 <sup>th</sup> , Sept 13 <sup>th</sup> , Oct 11 <sup>th</sup> , Nov 8 <sup>th</sup> , Dec 13 <sup>th</sup>	2:00-3:30pm

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## Haldimand & Norfolk – Support Groups (spring/summer 2024)

Group	Location	Day	Dates	Time
Spousal Support Group	Simcoe	Weekly, 6 weeks, Tuesdays	Feb 6 <sup>th</sup> , Feb 13 <sup>th</sup> , Feb 20 <sup>th</sup> , Feb 27 <sup>th</sup> , Mar 5 <sup>th</sup> , Mar 12 <sup>th</sup>	10:00-11:30am
Care Partner Support Group	Port Dover	Monthly, 6 months, second Tues/mo	Jan 9 <sup>th</sup> , Feb 13 <sup>th</sup> , Mar 12 <sup>th</sup> , Apr 10 <sup>th</sup> , May 14 <sup>th</sup> , June 13 <sup>th</sup>	1:30-3:00pm
Care Partner Support Group	Dunnville	Monthly, 6 months, Wednesdays	Jan 10 <sup>th</sup> , Feb 14 <sup>th</sup> , Mar 13 <sup>th</sup> , Apr 10 <sup>th</sup> , May 8 <sup>th</sup> , June 12 <sup>th</sup>	1:00-3:00pm
Care Partner Support Group	Hagersville	Monthly, 3 months, Tuesday	July 9 <sup>th</sup> , Aug 13 <sup>th</sup> , Sept 10 <sup>th</sup>	1:30-3:00pm
Grief & Loss for the Active Care Partner	Hagersville	Quarterly, second Tuesday/month	Jan 9 <sup>th</sup> , Feb 13 <sup>th</sup> , March 12 <sup>th</sup> .	1:30pm-3:00pm
Self Care for the Caregiver	Zoom	Weekly, 16 weeks, Tuesdays	Jan 16 <sup>th</sup> - May 7 <sup>th</sup> Exclusion: Mar 12 <sup>th</sup> no meeting	12:00-3:00pm
Spousal Support Group	Hagersville	Monthly, 3 months Tuesday	April 9 <sup>th</sup> , May 14 <sup>th</sup> , June 11 <sup>th</sup>	1:30-3pm

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