

Upcoming Webinars on ALZeducate | February 2024

ALZeducate offers free, online dementia education!

Here is a list of upcoming webinars. (When clicking the direct links below, you will be prompted to sign-in to your ALZeducate account, or create an account, if you do not already have one.)

Brain Health

Goals of this presentation include understanding the risk factors associated with developing dementia, recognizing how lifestyle plays a role in your risk of developing dementia, and taking action to support brain health.

Date: February 2, 2024, at 12:00pm-1:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Dementia 102 - Supportive Communication

This webinar focuses on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia.

Date: February 5, 2024, at 11:00am-12:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Dementia Overview

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms and their impact on the person living with dementia.

Date: February 5, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Upcoming Special Events

The Landmark Study: The Many Faces of Dementia in Canada

Join us for our upcoming Speaker Series webinar, "The Landmark Study: The Many Faces of Dementia in Canada", where we will provide an overview of the study findings, highlight the impact of dementia on various communities in Canada (including differences in ethnicity, race, sex, gender, and age) and better understand the many faces of dementia and how our communities can better serve their specific needs.

Speaker Details:

Ngozi Iroanyah, Director, Healthy Equity and Access-Alzheimer Society of Ontario will discuss the study with Dr. Joshua Armstrong, Research Scientist, Alzheimer Society of Canada and lead author of the study.

Date: February 22, 2024, at 6 p.m. (EST)/ 5 p.m. (CST)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

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Enhancing Family Dynamics

This presentation will focus on developing strategies that build on strengths and resilience while exploring significant sources of conflict for families.

Date: February 5, 2024, at 5:00pm-6:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Dementia Overview for Health Care Providers

This presentation will discuss the difference between changes that come with normal aging and when something is not normal, reversible causes for these changes, and a general understanding of dementia. It also will cover the different types of dementia, progression, and knowledge of dementia symptoms (8A's) and their impact on the person living with dementia. Attendees will apply their learning by working through scenarios applicable to various care settings.

Date: February 6, 2024, at 10:00am-11:00am (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Working in Long Term Care Series: Session 2: Communicating with Families

Learn about strategies to support the person living with dementia and their care partner(s) as they adjust to moving to Long Term Care.

Date: February 6, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Dementia-Friendly Communities: Faith-based communities

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia. This webinar is ideal for members of faith groups to find out how you can create a dementia friendly community.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: February 7, 2024, at 11:00am-12:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

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Person-Centred Care

This workshop will introduce you to the idea of person-centred care and provide you with time to reflect on and discuss with others how to use person-centred care in your work. You are encouraged to identify actions you can take to provide person-centred care for the people you support. This is an interactive session. Your participation will be encouraged.

Date: February 8, 2024, at 3:00pm-4:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Communication for Health Care Providers

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: February 13, 2024, at 10:00am-11:00am (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

LTC series for Care partners – Session 1- Considering Long Term Care

This educational workshop aims to give care partners an overview of issues related to long-term care (LTC). The goal is for care partners to learn about how the decision for LTC could have an impact on them, understand the application process, and to learn to cope with the transition.

Date: February 15, 2024, at 3:00pm-4:30pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Support for Care Partners

An introduction to being a care partner to someone living with dementia.

This presentation will provide you with ten tips that will help guide you through the first steps of being a care partner.

Date: February 20, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

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LTC series for Care partners – Session 2- Adjusting to Long Term Care

This educational workshop aims to give care partners an overview of issues related to long-term care (LTC). The goal is for care partners to learn about how the decision for LTC could have an impact on them, understand the application process and to learn to cope with the transition.

Date: February 22, 2024, at 3:00pm-4:30pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

Aging and the Senses

This presentation will cover sensory changes that occur with aging, reflecting on what a person may experience physically as they age, and identifying issues related to activities of daily living and/or instrumental activities of daily living for aging clients/residents.

Date: February 23, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

Dementia-Friendly Communities

A Dementia Friendly Community is a place where people living with dementia and their care partners are welcomed, included, and supported. It is a community that pays attention to the social and physical needs of the person living with dementia.

This presentation will cover:

- Understanding dementia and the lived experience
- The common signs of dementia
- Strategies for interaction

Date: February 26, 2024, at 2:00pm-3:00pm (Eastern Time)

Intended audience: General Public, Care Partners, Health Care Providers

[Click here](#) to register.

Communication for Health Care Providers

This webinar will focus on providing participants with the knowledge of how communication can change over the course of the disease and ways to supportively communicate with a person living with dementia. Learning Objectives: Understand communication basics, recognize the impact dementia has on communication, and develop strategies to improve communication.

Date: February 27, 2024, at 12:00pm-1:00pm (Eastern Time)

Intended audience: Health Care Providers, Care Partners

[Click here](#) to register.

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Safety at Home

Improve home safety by learning strategies to help promote a safer living environment for the person living with dementia.

Date: February 29, 2024, at 12:00pm-1:00pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.

LTC series for Care partners – Session 3- Resident's Rights

This educational workshop aims to give care partners an overview of issues related to long-term care (LTC). The goal is for care partners to learn about how the decision for LTC could have an impact on them, understand the application process and to learn to cope with the transition.

Date: February 29, 2024, at 3:00pm-4:30pm (Eastern Time)

Intended audience: Care Partners, Health Care Providers

[Click here](#) to register.