

## Social Programs for Jan, Feb, March, 2024

(please note: all offices closed on Jan 1<sup>st</sup>, Feb 19<sup>th</sup>, March 29<sup>th</sup>)

### Online Groups- Zoom (open for all areas)

Group	Who is this for?	Day	Dates	Time	To Register
<b>Online Social Club</b>	For persons living with early to mid stage dementia who want to connect, have fun and share.	Wednesdays	Jan 10 <sup>th</sup> - March 27 <sup>th</sup>	11:00am - noon	☎ 1-800-565-4614 ext. 401 (Laurie)
<b>Laughter Yoga</b>	Open to the General Public	Thursdays	Jan 11 <sup>th</sup> – March 28 <sup>th</sup>	10:00 am - 11:00 am	☎ 1-800-565-4614 ext. 401 (Laurie) or click <a href="#">here</a>
please find links on our website: <a href="http://www.alzda.ca">www.alzda.ca</a> (scroll down to the program calendars tab)					

## Social Programs for Jan, Feb, March, 2024

(please note: all offices closed on Jan 1<sup>st</sup>, Feb 19<sup>th</sup>, March 29<sup>th</sup>)

### Brantford

Group	Location	Day	Dates	Time	To Register
<b>Social Caf�</b>	Brantford Public Library 173 Colborne St.	Wednesdays	Jan 10 <sup>th</sup> - March 27 <sup>th</sup>	2:00 pm – 3:30pm	☎ 1-800-565-4614 ext. 401 (Laurie)
<b>Creative Expressions Brantford</b>	Brantwood 25 Bell Lane, Suite 100	Thursdays	Jan 11 <sup>th</sup> – Feb 15 <sup>th</sup> Feb 22 <sup>nd</sup> – March 28 <sup>th</sup>	10:00am - noon	☎ 1-800-565-4614 ext. 401 (Laurie)
<b>Creative Expressions Brantford – Photography Club</b>	Brantwood 25 Bell Lane, Suite 100	Mondays	Feb 26 <sup>th</sup> – March 25 <sup>th</sup>	2:00 pm – 4:00pm	☎ 1-800-565-4614 ext. 401 (Laurie)
<b>Minds in Motion</b>	Brantwood 25 Bell Lane, Suite 100	Mondays & Thursdays	Jan 4 <sup>th</sup> - Feb 23 <sup>rd</sup> Feb 26 <sup>th</sup> – April 19 <sup>th</sup>	12:30pm-2:00pm	☎ 1-800-565-4614 ext. 102 (Sherri)
<b>Minds in Motion</b>	Brantwood 25 Bell Lane, Suite 100	Mondays & Fridays	Jan 4 <sup>th</sup> - Feb 23 <sup>rd</sup> Feb 26 <sup>th</sup> – April 19 <sup>th</sup>	2:30pm Mondays 12:30pm Fridays	☎ 1-800-565-4614 ext. 102 (Sherri)