

Hamilton

Group	Location	Day	Dates	Time	To Register
Dementia Education Series	550 Fennel Ave. East, Hamilton	Thursdays	January 11, 18, 25, Feb 1	1:00-3:00pm	☎ 1-800-565-4614
First Steps	550 Fennel Ave. East, Hamilton	Mondays	January 22, 29, Feb 5 and 12	1:30-3:30	☎ 1-800-565-4614

Education Programs for January/ February 2024

(please note: all offices closed on Monday February 19, 2024)

Online Education- Zoom (open for all areas)

Group	Who is this for?	Day	Dates	Time	To Register
Getting Started	This session is for anyone. It provides an overview of dementia and is for people who are at the beginning of a journey of dementia; whether newly diagnosed or new to learning about dementia. It is also an opportunity to learn about the services and programs provided by this Alzheimer Society.	Monday	January 15	1:30-3:00pm	Click here
			February 12	6:30-8:00pm	Click here
Dementia Education Series	Families and friends of persons living with early-stage dementia, or who are new to education and ready to learn about dementia.	Thursdays	January 18, 25, Feb 1, 8	6:30-8:30pm	Click here
Choices in Care	For care partners and friends of persons living with dementia, this is a deeper dive into the differences in retirement homes and long-term care home living and how to get started.	Wednesday	January 17	6:30-8:00pm	Click here
Middle Stages	For families and friends of persons living with mid-stage dementia and have attended some education already	Tuesdays	January 23, 30, Feb 6 and 13	6:30-8:30pm	1-800-565-4614

Monthly Drop-in Webinars:					
Toolbox Talks	Open to all: learn support techniques for dementia.	Friday	January 26 February 23	11:00-12:00	Click here
Focus on Communication	Open to all: opportunities to explore communication strategies	Friday	January 12 February 9	11:00-12:00	Click here
Caregiving from a Distance	For families and friends of persons living with dementia who do not live with the person they are supporting.	Friday	January 19 Feb 16	11:00-12:00	Click here
Finding Your Way Presentation	For care partners, friends and community members who are supporting persons living with dementia. Learn about topics such as wayfinding, safety in the community, safe living spaces, and strategies for risk reduction.	Monday	January 29	10:00-11:00	Click here
				3:30-4:30	Click here
			February 26	10:00-11:00	Click here
				3:30-4:30	Click here
Public Lecture: Genetics Demystified: Understanding Your Risk for Dementia	Open to all. <i>Geriatricians Dr. Anthony Levinson and Dr. Tricia Woo will join us for this special event in recognition of January being Alzheimer's Awareness month.</i>	Wednesday	January 31	7:00pm-8:00pm	Click here
Public Lecture: Understand and Responding to Responsive Behaviours	For care partners and friends of persons living with dementia. <i>Amanda Kelly, Behaviour Supports Ontario (BSO) Community Outreach Worker will share insights for care partners about supporting responsive behaviours.</i>	Tuesday	February 6	11:00-12:00	Click here
please find links on our website: www.alzda.ca (scroll down to the program calendars tab)					