

Social Programs for Jan, Feb, March, 2024

(please note: all offices closed on Jan 1st, Feb 19th, March 29th)

Online Groups- Zoom (open for all areas)

Group	Who is this for?	Day	Dates	Time	To Register
Online Social Club	For persons living with early to mid stage dementia who want to connect, have fun and share.	Wednesdays	Jan 10 th - March 27 th	11:00am - noon	☎ 1-800-565-4614 ext. 401 (Laurie)
Laughter Yoga	Open to the General Public	Thursdays	Jan 11 th – March 28 th	10:00 am - 11:00 am	☎ 1-800-565-4614 ext. 401 (Laurie) or click here
please find links on our website: www.alzda.ca (scroll down to the program calendars tab)					

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Halton

Group	Location	Day	Dates	Time	To Register
Creative Expressions Burlington	4391 Harvester Rd, Unit 8 Burlington	Tuesdays	Jan 9 th – Feb 27 th	10:30am- 12:30pm <i>or</i> 1:30pm- 3:30pm	☎ 1-800-565-4614 ext. 315 (Kate)
Creative Expressions Milton	The Canadian Legion Milton 21 Charles St Milton	Mondays	Jan 8 th – Feb 26 th	10:30am- 12:30pm <i>or</i> 1:30pm- 3:30pm	☎ 1-800-565-4614 ext. 315 (Kate)
Social Cafe Burlington	Lions Club, 471 Pearl St., Burlington	Fridays	Jan 12 – Mar 22 (No program Mar 29)	10:30am- noon	☎ 1-800-565-4614 ext. 315 (Kate)
Social Cafe Burlington (in office)	4391 Harvester Rd, Unit 8, Burlington	Mondays	Jan 8 – Mar 25 (No program Feb 19)	10:30am- noon	☎ 1-800-565-4614 ext. 315 (Kate)
Social Cafe Burlington TBD	4391 Harvester Rd, Unit 8, Burlington	Mondays	Jan 8 – Mar 25 (No program Feb 19)	1:30pm – 3pm	☎ 1-800-565-4614 ext. 315 (Kate)
Social Cafe Milton	Grace Anglican Church 317 Main St E, Milton	Thursdays	Jan 25, Feb 22, Mar 21, April 25,	1:30pm – 3pm	☎ 1-800-565-4614 ext. 315 (Kate)
Minds in Motion	Compass Point Bible Church	Tuesdays	Jan 2 nd – Feb 20 th Feb 27 th – April 15 th	11:00am- 12:30am	☎ 1-800-565-4614 ext. 102 (Sherri)
Minds in Motion	Compass Point Bible Church	Wednesdays	Dec 13 th – Jan 31 st Feb 7 th – April 3 rd	10:00am- 11:30am	☎ 1-800-565-4614 ext. 102 (Sherri)
Minds in Motion	Compass Point Bible Church	Wednesdays	Dec 13 th – Jan 31 st Feb 7 th – April 3 rd	1:00pm- 2:30pm	☎ 1-800-565-4614 ext. 102 (Sherri)
Minds in Motion	Longos – The Loft Wycroft Rd, Oakville	Mondays	Jan 8 th – March 11 th	1:00pm- 2:30pm	☎ 1-800-565-4614 ext. 102 (Sherri)