

Social Programs for Sept, Oct, Nov, Dec 2023

(please note: all offices closed on Sept 4th, Oct 9th, Nov 13th, Dec 25th, Dec 26th)

Online Groups- Zoom (open for all areas)

Group	Who is this for?	Day	Dates	Time	To Register
Phone-in Social Club	For persons living with dementia to meet and reminisce with others over the phone!	Mondays	Oct. 16 th – Dec. 11 th	1:00pm-1:30pm	☎ 1-800-565-4614 ext. 315 (Kate)
Online Social Club	For persons living with early to mid stage dementia who want to connect, have fun and share.	Wednesdays	Sept 6 th - Dec 13 th	11:00am - noon	☎ 1-800-565-4614 ext. 421 (Laurie)
Laughter Yoga	Open to the General Public	Thursdays	Sept 7 th - Dec 14 th	10:00 am - 11:00 am	☎ 1-800-565-4614 ext. 421 (Laurie) or click here
please find links on our website: www.alzda.ca (scroll down to the program calendars tab)					

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Brantford

Group	Location	Day	Dates	Time	To Register
Social Caf�	Brantford Public Library 173 Colborne St.	Wednesdays	Sept 6 th - Dec. 13 th	2:00 pm – 3:30pm	☎ 1-800-565-4614 ext. 421 (Laurie)
Creative Expressions Brantford	Brantwood 25 Bell Lane, Suite 100	Thursdays	Nov 2 nd – Dec. 14 th	10:00am - noon	☎ 1-800-565-4614 ext. 421 (Laurie)
Minds in Motion	Brantwood 25 Bell Lane, Suite 100	Mondays & Thursdays	Nov. 6 th to Dec. 29 th	12:30pm- 2:00pm	☎ 1-800-565-4614 ext. 102 (Sherri)
Minds in Motion	Brantwood 25 Bell Lane, Suite 100	Mondays & Fridays	Nov. 6 th to Dec. 29 th	2:30pm Mondays 12:30pm Fridays	☎ 1-800-565-4614 ext. 102 (Sherri)