

Social Programs for Sept, Oct, Nov, Dec 2023

(please note: all offices closed on Sept 4th, Oct 9th, Nov 13th, Dec 25th, Dec 26th)

Online Groups- Zoom (open for all areas)

Group	Who is this for?	Day	Dates	Time	To Register
Phone-in Social Club	For persons living with dementia to meet and reminisce with others over the phone!	Mondays	Oct. 16 th – Dec. 11 th	1:00pm-1:30pm	☎ 1-800-565-4614 ext. 315 (Kate)
Online Social Club	For persons living with early to mid stage dementia who want to connect, have fun and share.	Wednesdays	Sept 6 th - Dec 13 th	11:00am - noon	☎ 1-800-565-4614 ext. 421 (Laurie)
Laughter Yoga	Open to the General Public	Thursdays	Sept 7 th - Dec 14 th	10:00 am - 11:00 am	☎ 1-800-565-4614 ext. 421 (Laurie) or click here
please find links on our website: www.alzda.ca (scroll down to the program calendars tab)					

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Haldimand and Norfolk

Group	Location	Day	Dates	Time	To Register
Social Caf� (Waterford)	Waterford Heritage & Agricultural Museum (159 Nichol St W. Waterford)	First Tuesday of each month	Sept 5 th Oct 3 rd Nov 7 th Dec 5 th	2:00 pm – 3:30pm	☎ 1-800-565-4614 ext. 421 (Laurie)
Social Caf� (Delhi)	Delhi Friendship Centre (418 Queen Street, Delhi)	Second Tuesday of each month	Sept 12 th Oct 10 th Nov 14 th Dec 12 th	2:00 pm – 3:30pm	☎ 1-800-565-4614 ext. 421 (Laurie)
Social Caf� (Port Dover)	Lion’s Silver Lake Market (320 Patrick Street, Port Dover)	Third Tuesday of each month	Sept 19 th Oct 17 th Nov 21 st	2:00 pm – 3:30pm	☎ 1-800-565-4614 ext. 421 (Laurie)
Social Caf� (Simcoe)	Hazel Place (645 Norfolk St. N., Simcoe)	Fourth Tuesday of each month	Sept 26 th Oct 24 th Nov 28 th	2:00 pm – 3:30pm	☎ 1-800-565-4614 ext. 421 (Laurie)
Social Caf� (Dunnville)	True Experience (201 Forest St E., Dunnville)	First Thursday of each month	Sept 7 th Oct 5 th Nov 2 nd Dec 7 th	2:00 pm – 3:30pm	☎ 1-800-565-4614 ext. 421 (Laurie)
Creative Expressions Norfolk	Lynwood Arts Centre (21 Lynnwood Ave., Simcoe)	Fridays	Nov 3 rd – Dec. 15 th (no program Dec. 8 th)	2:00pm-4:00pm	☎ 1-800-565-4614 ext. 421 (Laurie)
Minds in Motion	Cayuga Memorial Arena	Wednesdays	Nov. 1 st – Dec. 20 th	10:30am-noon	☎ 1-800-565-4614 ext. 102 (Sherri)
Minds in Motion	Hazel Place, Simcoe	Mondays and Fridays	Oct. 16 th – Dec. 8 th	10:00am-11:30am	☎ 1-800-565-4614 ext. 102 (Sherri)
Minds in Motion	Hagersville United Church	Mondays and Fridays	Oct. 23 rd – Dec. 15 th	1:00pm – 2:30pm	☎ 1-800-565-4614 ext. 102 (Sherri)