

Halton Education Programs

November/December 2023

(Please note: all offices closed on November 13th, December 25th, and December 26th)

Online Education- Zoom (open for all areas)

(continues onto next page)

Group	Who is this for?	Day	Dates	Time	To Register
Getting Started	This session is for anyone. It provides an overview of dementia and is for people who are at the beginning of a journey of dementia; whether newly diagnosed or new to learning about dementia. It is also an opportunity to learn about the services and programs provided by this Alzheimer Society.	Monday	Nov. 20 th	1:30pm-3:00pm	Click here
				6:30pm-8:30pm	Click here
			Dec. 11 th	1:30pm-3:00pm	Click here
				6:30pm-8:00pm	Click here
Dementia Education Series	Families and friends of persons living with early-stage dementia, or who are new to education and ready to learn about dementia	Wednesdays	Nov. 8 th , 15 th , 22 nd , 29 th	6:30pm-8:30pm	Click here
Middle Stages	For families and friends of persons living with mid-stage dementia and have attended some education already	Tuesdays	Nov. 21 st , 28 th , Dec. 5 th , & 12 th	6:30pm-8:30pm	☎ 1-800-565-4614
Choices in Care	For care partners & friends of persons living with dementia, this is a deeper dive into the differences in retirement home and long term care living and how to get started	Tuesday	Nov. 14 th	6:30pm-8:00pm	Click here

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(continued from previous page)

Monthly Drop in Webinars:					
Toolbox Talk	Open to all: learn support techniques for dementia	Fridays	Nov. 24 th Dec. 29 th	11:00am-noon	Click here
Focus on Communication	Open to all: opportunities to explore communication strategies	Fridays	Nov 10 th Dec 8 th	11:00am-noon	Click here
Caregiving from a distance	For families and friends of persons living with dementia who do not live with the person they are supporting	Fridays	Nov 17 th Dec 15 th	11:00am-noon	Click here
please find links on our website: www.alzda.ca (scroll down to the program calendars tab)					

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Group	Location	Day	Dates	Time	To Register
First Steps	4391 Harvester Rd, Unit 8 Burlington	Wednesdays	Nov. 8 th , 15 th , 22 nd , 29 th	1:30-3:30pm	☎ 1-800-565-4614
Healthy Living for People Living with Dementia	4391 Harvester Rd, Unit 8 Burlington	Thursdays	Nov. 2 nd , 9 th , 16 th	1:30-3:00pm	☎ 1-800-565-4614
Dementia Education Series	Tansley Woods, 4100 Upper Middle Rd, Burlington	Mondays & Wednesdays	Nov. 27 th , 29 th , Dec. 4 th & Dec. 6 th	10:00am-noon	☎ 1-800-565-4614