

# Haldimand Norfolk Education Programs

## November/December 2023

(Please note: all offices closed on November 13<sup>th</sup>, December 25<sup>th</sup>, and December 26<sup>th</sup>)

### Online Education- Zoom (open for all areas)

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Group	Who is this for?	Day	Dates	Time	To Register
<b>Getting Started</b>	This session is for anyone. It provides an overview of dementia and is for people who are at the beginning of a journey of dementia; whether newly diagnosed or new to learning about dementia. It is also an opportunity to learn about the services and programs provided by this Alzheimer Society.	Monday	Nov. 20 <sup>th</sup>	1:30pm-3:00pm	Click <a href="#">here</a>
				6:30pm-8:30pm	Click <a href="#">here</a>
			Dec. 11 <sup>th</sup>	1:30pm-3:00pm	Click <a href="#">here</a>
				6:30pm-8:00pm	Click <a href="#">here</a>
<b>Dementia Education Series</b>	Families and friends of persons living with early-stage dementia, or who are new to education and ready to learn about dementia	Wednesdays	Nov. 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> , 29 <sup>th</sup>	6:30pm-8:30pm	Click <a href="#">here</a>
<b>Middle Stages</b>	For families and friends of persons living with mid-stage dementia and have attended some education already	Tuesdays	Nov. 21 <sup>st</sup> , 28 <sup>th</sup> , Dec. 5 <sup>th</sup> , & 12 <sup>th</sup>	6:30pm-8:30pm	 1-800-565-4614
<b>Choices in Care</b>	For care partners & friends of persons living with dementia, this is a deeper dive into the differences in retirement home and long term care living and how to get started	Tuesday	Nov. 14 <sup>th</sup>	6:30pm-8:00pm	Click <a href="#">here</a>

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Monthly Drop in Webinars:					
<b>Toolbox Talk</b>	Open to all: learn support <b>techniques</b> for dementia	Fridays	Nov. 24 <sup>th</sup> Dec. 29 <sup>th</sup>	11:00am-noon	Click <a href="#">here</a>
<b>Focus on Communication</b>	Open to all: opportunities to explore <b>communication strategies</b>	Fridays	Nov 10 <sup>th</sup> Dec 8 <sup>th</sup>	11:00am-noon	Click <a href="#">here</a>
<b>Caregiving from a distance</b>	For families and friends of persons living with dementia <b>who do not live with</b> the person they are supporting	Fridays	Nov 17 <sup>th</sup> Dec 15 <sup>th</sup>	11:00am-noon	Click <a href="#">here</a>
please find links on our website: <a href="http://www.alzda.ca">www.alzda.ca</a> (scroll down to the program calendars tab)					

#### Haldimand

Group	Location	Date and Time	To Register
<b>First Steps</b>	<i>To be determined</i>	<i>Please contact to be added to the interest list</i>	☎ 1-800-565-4614
<b>Dementia Education</b>	<i>To be determined</i>	<i>Please contact to be added to the interest list</i>	☎ 1-800-565-4614
<b>Middle Stages</b>	<i>To be determined</i>	<i>Please contact to be added to the interest list</i>	☎ 1-800-565-4614

#### Norfolk

Group	Location	Day	Dates	Time	To Register
<b>First Steps</b>	645 Norfolk St N, Simcoe	Wednesdays	<i>Please call to be added to interest list</i>	2:00pm-4:00pm	☎ 1-800-565-4614
<b>Dementia Education</b>	645 Norfolk St N, Simcoe	Wednesdays	<i>Please call to be added to interest list</i>	2:00pm-4:00pm	☎ 1-800-565-4614
<b>Middle Stages</b>	645 Norfolk St N, Simcoe	Wednesdays	<i>Please call to be added to interest list</i>	2:00pm-4:00pm	☎ 1-800-565-4614