

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| 1 Creative Expressions Milton 10:30am-12:30pm Creative Expressions Milton 1:30-3:30pm | 2 Creative Expressions Burlington 10:30am-12:30pm Creative Expressions Burlington 1:30-3:30pm | 3 Online Social Club Zoom 11:00am-noon Minds in Motion Burlington group #1: 10:00am group #2: 1:00pm | 4 Laughter Yoga Online click here to register 10:00-11:00am | 5 Social Caf  Burlington 10:30am-noon |
| 8 | 9 | 10 Online Social Club Zoom 11:00am-noon Minds in Motion Burlington group #1: 10:00am group #2: 1:00pm | 11 Laughter Yoga Online click here to register 10:00-11:00am | 12 Social Caf  Burlington 10:30am-noon |
| 15 | 16 Creative Expressions Burlington 10:30am-12:30pm Creative Expressions Burlington 1:30-3:30pm | 17 Online Social Club Zoom 11:00am-noon Minds in Motion Burlington group #1: 10:00am group #2: 1:00pm | 18 Laughter Yoga Online click here to register 10:00-11:00am | 19 Social Caf  Burlington 10:30am-noon |
| 22  | 23 Creative Expressions Burlington 10:30am-12:30pm Creative Expressions Burlington 1:30-3:30pm | 24 Online Social Club Zoom 11:00am-noon Minds in Motion Burlington group #1: 10:00am group #2: 1:00pm | 25 Laughter Yoga Online click here to register 10:00-11:00am Social Caf  Milton 1:30-3:00pm | 26 Social Caf  Burlington 10:30am-noon |
| 29 Mid-Day Melodies Online-zoom Click here to register 2:00pm-3:00pm | 30 Creative Expressions Burlington 10:30am-12:30pm Creative Expressions Burlington 1:30-3:30pm | 31 Online Social Club Zoom 11:00am-noon | | |

“Mid-Day Melodies” is back!Join us for this On-line Music Appreciation Series, this time on **Mondays** starting on May 29th at 2:00pm**May 29th, June 5th, 12th, 19th, 26th, 2023****2:00 pm to 3:00 pm****To register: click [here](#) (this event is hosted virtually on Zoom)****Questions? Call 1-800-565-4614 (ext:421)**