

## Support Groups for June 2023

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>CARERS Program (in person) Session #7 of 8</b> Weekly 1:30-3:30pm	2
5	6 <b>Long-Term Care Support Group (partnering with Acclaim Health) (in person)</b> Monthly 10:00-11:30am	7 <b>Early-Stage Support Group (in person) Session #6 of 8</b> Bi-Weekly 10:00-11:30am  <b>Dementia Peer Support Group (virtual)</b> Weekly 1:00-2:30pm	8 <b>CARERS Program (in person) Session #8 of 8</b> Weekly 1:30-3:30pm	9
12	13 <b>Frontotemporal Dementia Support Group (virtual)</b> Monthly 10:00-11:30am	14 <b>Dementia Peer Support Group (virtual)</b> Weekly 1:00- 2:30pm  <b>Spousal Support Group (virtual)</b> Monthly 10:00-11:30am	15 <b>Adult Child Support Group (virtual)</b> Monthly 7:00-8:30pm	16
19	20	21 <b>Early-Stage Support Group (in person) Session #7 of 8</b> Bi-Weekly 10:00-11:30am  <b>Dementia Peer Support Group (virtual)</b> Weekly 1:00-2:30pm	22 <b>Spousal Support Group (in person)</b> Monthly 10:00-11:30am	23 <b>Georgetown Caregivers Support Group (virtual)</b> Monthly 10:00-11:30am
26	27	28	29	30

For details about our support groups, please visit our website

<https://alzda.ca/i-am-a-caregiver-i-need-support/>

If you are interested in learning about and/or joining a support group,  
please contact our office at 289-837-2310