


Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p><b>Minds in Motion-group 1</b> Brantwood 12:30-2:30pm</p> <p><b>Minds in Motion-group 2</b> Brantwood 2:30-4:30pm</p>	<p><b>2</b></p>	<p><b>3</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Social Caf�</b> Brantwood 2:00-3:30pm</p>	<p><b>4</b></p> <p><b>Laughter Yoga-online</b> click <a href="#">here</a> to register 10:00am-11:00am</p> <p><b>Minds in Motion</b> group 1: Brantwood 12:30-2:30pm</p>	<p><b>5</b></p> <p><b>Minds in Motion</b> group 2 Brantwood 12:30-2:30pm</p>
<p><b>8</b></p> <p><b>Minds in Motion-group 1</b> Brantwood 12:30-2:30pm</p> <p><b>Minds in Motion-group 2</b> Brantwood 2:30-4:30pm</p>	<p><b>9</b></p>	<p><b>10</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Social Caf�</b> Brantwood 2:00-3:30pm</p>	<p><b>11</b></p> <p><b>Laughter Yoga-online</b> click <a href="#">here</a> to register 10:00am-11:00am</p> <p><b>Minds in Motion</b> group 1: Brantwood 12:30-2:30pm</p>	<p><b>12</b></p> <p><b>Minds in Motion</b> group 2 Brantwood 12:30-2:30pm</p>
<p><b>15</b></p> <p><b>Minds in Motion-group 1</b> Brantwood 12:30-2:30pm</p> <p><b>Minds in Motion-group 2</b> Brantwood 2:30-4:30pm</p>	<p><b>16</b></p>	<p><b>17</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Social Caf�</b> Brantwood 2:00-3:30pm</p>	<p><b>18</b></p> <p><b>Laughter Yoga-online</b> click <a href="#">here</a> to register 10:00am-11:00am</p> <p><b>Minds in Motion</b> group 1: Brantwood 12:30-2:30pm</p>	<p><b>19</b></p> <p><b>Minds in Motion</b> group 2 Brantwood 12:30-2:30pm</p>
<p><b>22</b></p> 	<p><b>23</b></p>	<p><b>24</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Social Caf�</b> Brantwood 2:00-3:30pm</p>	<p><b>25</b></p> <p><b>Laughter Yoga-online</b> click <a href="#">here</a> to register 10:00am-11:00am</p> <p><b>Minds in Motion</b> group 1: Brantwood 12:30-2:30pm</p>	<p><b>26</b></p> <p><b>Minds in Motion</b> group 2 Brantwood 12:30-2:30pm</p>
<p><b>29</b></p> <p><b>Minds in Motion-group 1</b> 12:30-2:30pm</p> <p><b>Minds in Motion-group 2</b> 2:30-4:30pm</p> <p><b>Monday Mid Day Melodies</b> Click <a href="#">here</a> to register 2:00 – 3:00 pm</p>	<p><b>30</b></p>	<p><b>31</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Social Caf�</b> Brantwood 2:00-3:30pm</p>		

## “Mid Day Melodies” is back

Join us for this On-line Music Appreciation Series, this time on **Mondays**



**May 29<sup>th</sup>, June 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, 2023**

**2:00 pm to 3:00 pm**

To register: click [here](#) (this event is hosted virtually on Zoom)

Questions? Call 1-800-565-4614 (ext 421)