

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Care in Later Stages (online) session #1 2:00pm-3:30pm	2	3
6	7 First Steps (in person) session #1 2:00pm-4:00pm Dementia Education Series (in person) session #1 6:30pm-8:30pm	8 Care in Later Stages (online) session #2 2:00pm-3:30pm Dementia Education Series (online) Session #1 6:30pm-8:30pm For details and to register click here	9 Toolbox Thursday (online) monthly 10:00am-11:00am For details and to register: click here Considering the Move to Long-Term Care (online) 6:30pm-8:00pm For details and to register, click here	10 Focus on Communication (online) monthly 11:00am-12:00pm For details and to register: click here
13	14 First Steps (in person) session #2 2:00pm-4:00pm Dementia Education Series (in person) session #2 6:30pm-8:30pm	15 Get Plan B Ready (in person) session #1 1:30pm-3:00pm Care in Later Stages (online) session #3 2:00pm-3:30pm Dementia Education Series (online) Session #2 6:30pm-8:30pm	16 Preparing for the Move to Long-Term Care (online) 6:30pm-8:00pm For details and to register: click here	17
20	21 First Steps (in person) session #3 2:00pm-4:00pm Dementia Education Series (in person) session #3 6:30pm-8:30pm	22 Care in Later Stages (online) session #4 2:00pm-3:30pm Dementia Education Series (online) Session #3 6:30pm-8:30pm	23 Public Lecture: Head Injuries & Dementia (online) 2:00pm-3:00pm For details and to register: click here	24
27	28 First Steps (in person) session #4 2:00pm-4:00pm Dementia Education Series (in person) session #4 6:30pm-8:30pm	29 Get Plan B Ready (in person) session #2 1:30pm-3:00pm Care in Later Stages (online) session #5 2:00pm-3:30pm Dementia Education Series (online) Session #4 6:30pm-8:30pm	30	31

March Public Lecture: Head Injury and Dementia

Ashley Everets and Jenna McGill, from the Haldimand Abilities Centre, join Sandra Mallet from the Alzheimer Society for an informative discussion about head injuries and dementia. Different types of head injuries will be discussed and the possible connection to increased risk of developing a dementia in the years ahead. We will explore ways to support a person living with a head injury as well as a person living with dementia because of a head injury. The presentation will include time for a question-and-answer period.

Date: Thursday March 23, 2023

Time: 2:00pm-3:00pm

To register: [click here](#) (this event is hosted virtually on Zoom)

Questions? Call 905-529-7030 [ext 211]

