

# Halton

Soci t  Alzheimer Society  
BRANT, HALDIMAND NORFOLK,  
HAMILTON HALTON

# Social Programs

☎ 289-837-2310

February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>1</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Minds in Motion</b> Burlington group #1: 10:00am group #2: 1:00pm</p>	<p><b>2</b></p> <p><b>Laughter Yoga-online</b> click <a href="#">here</a> to register 10:00-11:00am</p>	<p><b>3</b></p> <p><b>Creative Expressions</b> online (Zoom) 10:00am-noon</p> <p><b>Social Caf�</b> Burlington 10:30am-noon</p>
<p><b>6</b></p> <p><b>Creative Expressions</b> Milton 10:30am-12:30pm</p> <p><b>Creative Expressions</b> Milton 1:30-3:30pm</p>	<p><b>7</b></p> <p><b>Creative Expressions</b> Burlington 10:30am-12:30pm</p> <p><b>Creative Expressions</b> Burlington 1:30-3:30pm</p>	<p><b>8</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Minds in Motion</b> Burlington group #1: 10:00am group #2: 1:00pm</p>	<p><b>9</b></p> <p><b>Laughter Yoga-online</b> click <a href="#">here</a> to register 10:00-11:00am</p> <p><b>Social Caf�</b> Milton 10:30am-noon</p>	<p><b>10</b></p> <p><b>Creative Expressions</b> online (Zoom) 10:00am-noon</p> <p><b>Social Caf�</b> Burlington 10:30am-noon</p>
<p><b>13</b></p> <p><b>Creative Expressions</b> Milton 10:30am-12:30pm</p> <p><b>Creative Expressions</b> Milton 1:30-3:30pm</p>	<p><b>14</b></p> <p><b>Creative Expressions</b> Burlington 10:30am-12:30pm</p> <p><b>Creative Expressions</b> Burlington 1:30-3:30pm</p>	<p><b>15</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Minds in Motion</b> Burlington group #1: 10:00am group #2: 1:00pm</p>	<p><b>16</b></p> <p><b>Laughter Yoga-online</b> click <a href="#">here</a> to register 10:00-11:00am</p> <p><b>Social Caf�</b> Georgetown 10:30am-noon</p>	<p><b>17</b></p> <p><b>Creative Expressions</b> online (Zoom) 10:00am-noon</p> <p><b>Social Caf�</b> Burlington 10:30am-noon</p>
<p><b>20</b></p> <p><b>office is closed</b></p> <p><b>Happy Family Day</b></p>	<p><b>21</b></p> <p><b>Creative Expressions</b> Burlington 10:30am-12:30pm</p> <p><b>Creative Expressions</b> Burlington 1:30-3:30pm</p>	<p><b>22</b></p> <p><b>Online Social Club</b> Zoom 11:00am-noon</p> <p><b>Minds in Motion</b> Burlington group #1: 10:00am group #2: 1:00pm</p>	<p><b>23</b></p> <p><b>Laughter Yoga-online</b> click <a href="#">here</a> to register 10:00-11:00am</p>	<p><b>24</b></p> <p><b>Creative Expressions</b> online (Zoom) 10:00am-noon</p> <p><b>Social Caf�</b> Burlington 10:30am-noon</p>
<p><b>27</b></p> <p><b>Creative Expressions</b> Milton 10:30am-12:30pm</p> <p><b>Creative Expressions</b> Milton 1:30-3:30pm</p>	<p><b>28</b></p> <p><b>Creative Expressions</b> Burlington 10:30am-12:30pm</p> <p><b>Creative Expressions</b> Burlington 1:30-3:30pm</p>	<p><b>For full details &amp; register for any of these programs please:</b></p> <p>☎ <b>289-837-2310</b> or <b>1-800-565-4614</b></p> <p>for Minds in Motion: <b>ext. 102</b> for all other Social Programs: <b>ext. 310</b> or visit: <b>www.alzda.ca</b></p>		