

Toolbox Thursday

Building caregiver techniques and supports
(a monthly drop in webinar)

SESSION DATES 2023
(2nd Thursday of each month)

Thurs. January 12th
Thurs. February 9th
Thurs. March 9th
Thurs. April 13th

TIME
10:00AM to 11:00AM

LOCATION
online through Zoom

**NOTE: sign up for
any or all, of the
sessions**

TO REGISTER:
please click [here](#)

For family and friends of persons living with dementia

Join us for this interactive meeting each month where we will connect, discuss and practice a research based technique that has been shown to help and support the person with dementia in your life. From Teepa Snow, Montessori Approach to care, GentleCare to Alzheimer Society literature, Toolbox Thursdays is your chance to ask your questions, try something new and connect with others.

The format of these means you can choose to open your camera and actively join in, or you can listen in and learn in your own way.

