

Monday	Tuesday	Wednesday	Thursday	Friday
2 Our offices are closed in recognition of New Year's Day	3	4	5	6
9	10 Dementia Education Series (online) Session #1 6:30pm -8:30pm For details and to register click here	11	12 First Steps (in person) session #1 10:00am-12:00pm For details and to register please call 905-529-7030 Toolbox Thursdays (online) monthly 10:00am-11:00am For details and to register click here	13 Focus on Communication (online) monthly 11:00am-12:00pm For details and to register click here
16	17 Dementia Education Series (online) Session #2 6:30pm -8:30pm	18 Dementia Education Series (in person) Session #1 2:00pm-4:00pm For details and to register please call 905-529-7030	19 First Steps (in person) session #2 10:00am-12:00pm	20
23	24 Dementia Education Series (online) Session #3 6:30pm -8:30pm	25 Dementia Education Series (in person) Session #2 2:00pm-4:00pm Care in the Later Stages (online) session #1 2:00pm-3:30pm To register, please call 905-529-7030 Public Lecture 7:00pm-8:30pm	26 First Steps (in person) session #3 10:00am-12:00pm	27
30	31 Dementia Education Series (online) Session #4 6:30pm -8:30pm	Feb. 1 Dementia Education Series (in person) Session #3 2:00pm-4:00pm Care in the Later Stages (online) Session #1 2:00pm-4:00pm (continues to Feb. 28)	Feb. 2 First Steps (in person) session #4 10:00am-12:00pm	Feb. 3

Public Lecture: The Landmark Study

Dr. Joshua Armstrong, Research Scientist with the Alzheimer Society of Canada

The Alzheimer Society of Canada has released the first of three reports on the projections of the number of people in Canada that will be living with dementia. This national report provides a roadmap for the health care system, all levels of government and what individuals can do to improve the path.

Please join us for an in-depth discussion and opportunities to ask your questions.

Wednesday January 25th, 2023 (7:00pm-8:15pm)

To register: click [here](#) (this event is hosted virtually on Zoom)

Questions? Call 905-529-7030 ext. 211