

November Public Lecture

CHANGES IN SLEEP ON THE JOURNEY OF DEMENTIA

A panel discussion for carepartners &
persons living with dementia

- understanding why sleep changes as we age & with dementia
- tips and ideas how to cope

TUESDAY NOV. 29TH, 2022

7:00pm - 8:00pm

For details and to register:
click [here](#)

or call Robin at 1-800-565-4614 ext. 509