


Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Dementia Education Series (online) session #1 6:30pm-8:30pm For details and to register: click <a href="#">here</a>	<b>2</b>	<b>3</b> Let's Talk About Dementia: Corticobasal, Wernicke-Korsakoff Hamilton office <i>or</i> Zoom 2:00pm-3:00pm Please call 1-800-565-4614 or click <a href="#">here</a> to register	<b>4</b>
<b>7</b> First Steps Session #1 1:00pm-3:00pm For details and to register please call 289-837-2310	<b>8</b> Dementia Education Series (online) session #2 6:30pm-8:30pm	<b>9</b>	<b>10</b> Toolbox Thursday (online) monthly 10:00am-11:00am For details and to register click <a href="#">here</a>	<b>11</b> <b>Our offices are closed for Remembrance Day</b> 
<b>14</b> First Steps Session #2 1:00pm-3:00pm	<b>15</b> Dementia Education Series (online) session #3 6:30pm-8:30pm	<b>16</b>	<b>17</b> Considering the Move to Long-Term Care (online) 3:00pm-4:30pm For details and to register: click <a href="#">here</a>  Middle Stage Education Series (online) session #1 6:30pm-8:30pm For details and to register please call 1-800-565-4614	<b>18</b> Focus on Communication (online) monthly 11:00am-12:00pm For details and to register: click <a href="#">here</a>
<b>21</b> First Steps Session #3 1:00pm-3:00pm	<b>22</b> Dementia Education Series (online) session #4 6:30pm-8:30pm	<b>23</b>	<b>24</b> Preparing for the Move to Long-Term Care (online) 3:00pm-4:30pm For details and to register: click <a href="#">here</a>  Middle Stage Education Series (online) session #2 6:30pm-8:30pm	<b>25</b>
<b>28</b> First Steps Session #4 1:00pm-3:00pm	<b>29</b>	<b>30</b>	<b>Middle Stage Education Series (online) session #3 6:30pm-8:30pm (continues until Dec. 8th)</b>	

November Public Lecture:

**Changes in Sleep on the Journey of Dementia**

a panel discussion for carepartners and persons living with dementia

- ✓ understanding why sleep changes as we age & with dementia
- ✓ tips and ideas how to cope

**Tuesday November 29<sup>th</sup>, 2022****7:00pm-8:00pm**To register: click [here](#) (this event is hosted virtually on Zoom)

Questions? Please call Robin at 1-800-565-4614 ext. 509

