


Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Dementia Education Series (online) session #1 6:30pm – 8:30pm For details and to register: click here</p>	<p>2</p>	<p>3</p> <p>First Steps (in person) session #3 10:00am-12:00pm</p> <p>Let's Talk About Dementia: Corticobasal, Wernicke-Korsakoff Hamilton office or Zoom 2:00pm-3:00pm Please call 1-800-565-4614 or click here to register</p>	<p>4</p>
<p>7</p>	<p>8</p> <p>Dementia Education Series (online) session #2 6:30pm-8:30pm</p>	<p>9</p>	<p>10</p> <p>First Steps (In person) session #4 10:00am – 12:00pm</p> <p>Toolbox Thursdays (online) monthly 10:00am-11:00am For details and to register: click here</p>	<p>11</p> <p>Our offices are closed for Remembrance Day</p> 
<p>14</p>	<p>15</p> <p>Dementia Education Series (online) session #3 6:30pm-8:30pm</p>	<p>16</p>	<p>17</p> <p>Considering the Move to Long-Term Care (online) 3:00pm-4:30pm For details and to register: click here</p> <p>Middle Stage Education Series (online) session #1 6:30pm-8:30pm For details and to register please call 1-800-565-4614</p>	<p>18</p> <p>Focus on Communication (online) monthly 11:00am-12:00pm For details and to register: click here</p>
<p>21</p>	<p>22</p> <p>Dementia Education Series (online) session #4 6:30pm-8:30pm</p>	<p>23</p> <p>Dementia Education Series (in person) session #1 1:30pm-3:30pm For details and to register please call our office 905-529-7030</p>	<p>24</p> <p>Preparing for the Move to Long-Term Care (online) 3:00pm-4:30pm For details and to register: click here</p> <p>Middle Stage Education Series (online) session #2 6:30pm-8:30pm</p>	<p>25</p>
<p>28</p>	<p>29</p> <p>Public Lecture: Changes in Sleep on the Journey of Dementia 7:00pm-8:00pm (see panel below for details)</p>	<p>30</p> <p>Dementia Education Series (in person) session #2 1:30pm-3:30pm (continues to Dec. 14th)</p>	<p>1</p> <p>Middle Stage Education Series (online) session #3 6:30pm-8:30pm (continues Dec. 8th)</p>	<p>2</p>

November Public Lecture:

Changes in Sleep on the Journey of Dementia

a panel discussion for carepartners and persons living with dementia

- ✓ understanding why sleep changes as we age & with dementia
- ✓ tips and ideas how to cope

Tuesday November 29th, 2022

7:00pm-8:00pm

To register: click [here](#) (this event is hosted virtually on Zoom)

Questions? Please call Robin at 1-800-565-4614 ext. 509

