

Support Groups for December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	<p>7 Long-term Care Support Group (virtual) Monthly 10:00- 11:30am</p> <p>Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm</p> <p>Living With Dementia: An Early Stage Support Group Session #3 of 8 (in-person) 2:30-4:00pm</p> <p>Young Onset Carers Support Group (virtual) Monthly 6:00-7:30pm</p>	8	9
12	<p>13 FTD Support Group (virtual) Monthly 10:00-11:30am</p>	<p>14 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm</p>	<p>15 Burlington Caregiver Support Group (virtual) Monthly 10:00-11:30am</p>	16
19	<p>20 Adult Child Support Group (virtual) Monthly 6:30-8:00pm</p>	<p>21 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm</p> <p>Living With Dementia: An Early Stage Support Group Session #4 of 8 (in-person) 2:30-4:00pm</p>	22	<p>23 Georgetown Caregivers Support Group (virtual) Monthly 10:00-11:30am</p>
<p>26 Office Closed</p>	<p>27 Office Closed</p>	<p>28 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm</p>	29	30

If you are interested in learning about and/or joining a support group, please contact our office at 289-837-2310

For details about our support groups, please visit our website

<https://alzda.ca/i-am-a-caregiver-i-need-support/>