

Support Groups for July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Canada Day Office Closed
4 CARERS Program (virtual) Session #5 of 8 1:30-3:30pm	5	6 Long-term Care Support Group (virtual) Monthly 10:00- 11:30am Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm Young Onset Carers Support Group (virtual) Monthly 6:00-7:30pm	7	8 Oakville Caregivers Support Group (virtual) Monthly 1:30-3:00pm
11 CARERS Program (virtual) Session #6 of 8 1:30-3:30pm	12 FTD Support Group (virtual) Monthly 10:00-11:30am Adult Child Support Group (virtual) Monthly 6:30-8:00pm	13 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	14 Burlington Caregiver Support Group (virtual) Monthly 10:00-11:30am	15
18 CARERS Program (virtual) Session #7 of 8 1:30-3:30pm	19	20 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	21	22 Georgetown Caregivers Support Group (virtual) Monthly 10:00-11:30am
25 CARERS Program (virtual) Session #8 of 8 1:30-3:30pm	26	27	28	29

If you are interested in learning about and/or joining a support group,
please contact our office at 289-837-2310

For details about our support groups, please visit our website
<https://alzda.ca/i-am-a-caregiver-i-need-support/>