

# Music for Memory

A program that uses music to enhance the lives of people living with dementia.



## All eligible participants will receive:

- ✓ One MP3 Player
- ✓ One set of over-the-ear headphones
- ✓ One wall charger
- ✓ Free set up

## Personalized music has the power to:

- Act as a conduit of memory
- Improve cognition and communication
- Improve mood
- Produce other desirable forms of interaction

## Am I eligible to participate?

1. All eligible recipients of an MP3 player require a diagnosis of a dementia
2. The user of the MP3 players needs to reside in Brant, Haldimand Norfolk, Hamilton or Burlington
3. The MP3 user or their carer must be willing to speak with a counsellor/volunteer.

## Get involved!

This program is available at **no cost** for families or individuals upon approval.

Call your local Alzheimer Society for more information.

**Alzheimer Society Brant:**

519-759-7692

**Alzheimer Society Haldimand Norfolk:**

519-428-7771

**Alzheimer Society Hamilton Halton**

1-888-343-1017