

Support Groups for May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 CARERS Program (virtual) Session #7 of 8 1:30-3:00pm	3	4 Long-term Care Support Group (virtual) Monthly 10:00- 11:30am Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm Young Onset Carers Support Group (virtual) Monthly 6:00-7:30pm	5	6
9 CARERS Program (virtual) Session #8 of 8 1:30-3:00pm	10 FTD Support Group (virtual) Monthly 10:00-11:30am	11 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	12	13 Oakville Caregivers Support Group (virtual) Monthly 1:30-3:00pm
16	17 Adult Child Support Group (virtual) Monthly 6:30-8:00pm	18 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	19 Burlington Caregiver Support Group (virtual) Monthly 10:00-11:30am	20
23	24	25 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	26	27 Georgetown Caregivers Support Group (virtual) Monthly 10:00-11:30am
30	31			

If you are interested in learning about and/or joining a support group, please contact our office at 289-837-2310

For details about our support groups, please visit our website

<https://alzda.ca/i-am-a-caregiver-i-need-support/>