

Support Groups for January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	6	7
10	11	12 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	13	14
17	18	19 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	20	21
24	25	26 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	27	28
31	<p>If you are interested in learning about and/or joining a support group, please contact our office at 905-529-7030</p> <p>For details about our support groups, please visit our website https://alzda.ca/i-am-a-caregiver-i-need-support/</p>			