

Support Groups for February 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 Long-term Care Support Group (virtual) Monthly 10:00- 11:30am Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm Young Onset Carers Support Group (virtual) Monthly 6:00-7:30pm	3	4
7	8 FTD Support Group (virtual) Monthly 10:00-11:30am	9 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	10	11 Oakville Caregivers Support Group (virtual) Monthly 1:30-3:00pm
14	15 Adult Child Support Group (virtual) Monthly 6:30-8:00pm	16 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	17 Burlington Caregiver Support Group (virtual) Monthly 10:30-12:00pm	18
21	22	23 Dementia Peer Support Group (virtual) Weekly 1:00-2:30pm	24	25 Georgetown Caregivers Support Group (virtual) Monthly 10:00-11:30am
28	<p>If you are interested in learning about and/or joining a support group, please contact our office at 289-837-2310</p> <p>For details about our support groups, please visit our website https://alzda.ca/i-am-a-caregiver-i-need-support/</p>			